



AATA Releases *Voices of Art Therapy* Story Library

AATA National Office
October 12, 2017

The AATA is proud to announce the new [Story Library](#) on our website! Thank you to all who have responded to our call for stories through our *Voices of Art Therapy* outreach. The nearly thirty stories and companion artwork beautifully describe memorable moments in art therapists' careers. Art therapists cover a wide variety of topics, including: discovering their passion for the field; describing the profession to others; working with specific client groups such as refugees, patients with cancer, clients with Alzheimer's Disease, and trauma survivors; art therapy in the global community; and moments of clients' empowerment and discovery. Find the [Story Library](#) under the "About Art Therapy" tab on our website. **If you have not already done so, [submit your story](#) today!**

Now it's your turn to share! How many times have you been asked, "What is art therapy?" There are many ways to describe art therapy and often a story is a powerful way to share our work. We know these amazing stories because we experience them every day and have the honor of witnessing the impact of art therapy in people's lives. Now it's time to share those stories with the world.



Here are some tips for effective storytelling:

- **Provide focus:** Concentrate on one succinct story to allow readers to really connect with the experience.
- **Be visual:** Compelling images draw readers in. Select artwork that sparks emotion and grabs your attention.
- **Use real details:** Quotes, sights, sounds, and events help make your story more tangible and relatable.
- **Get personal:** Focus your attention on the central figure of your story. Tap into human emotion, enabling readers to form a connection with him/her/them.

Please share [this link](#) with your colleagues— all art therapists are encouraged to participate!

