

The Association of Ringside Physicians 2011 Annual Medical Seminar

A Global Overview of Professional and Amateur Combat Arts



October 27-29, 2011

**Omni Orlando Resort at ChampionsGate
Orlando, Florida**

www.associationofringsidephysicians.org

Jointly sponsored by Wake Forest School of Medicine

A Global Overview of Professional and Amateur Combat Arts

October 27-29, 2011 • Omni Orlando Resort at ChampionsGate • Orlando, Florida



We are preparing for an extraordinary Annual Medical Seminar this October in Orlando, Florida.

The meeting will be held at Orlando's Omni ChampionsGate Hotel on October 27-29, 2011. A central theme of the conference will be "A Global Overview of Professional and Amateur Combat Arts." The Program Committee has made exceptional strides to ensure the seminar will exceed your expectations for learning, sharing, and collaborating on this vital topic for our field.

Hotel

The Omni Orlando Resort at ChampionsGate is home of two world-class golf courses designed by internationally renowned golfer Greg Norman. At this luxury hotel, guests can re-energize in the 10,000 square foot European-style spa and fitness center or drift along in the 850-foot winding lazy river. All educational sessions will take place in the Omni Orlando Resort at ChampionsGate.

Call 1-800-THE-OMNI today to make your reservation.

In Cooperation With:



**AMERICAN COLLEGE
of SPORTS MEDICINE**
LEADING THE WAY

PROGRAM AGENDA

Thursday, October 27, 2011 • 12:45PM-5:30PM

12:45-1:00	Welcome and Opening Remarks	<i>Joe Estwanik, MD</i>
1:00-1:45	The Boston University Experience in Chronic Traumatic Encephalopathy	<i>Robert Cantu, MD</i> Moderator: <i>Patricio Reyes, MD</i>
1:45-2:30	Concussive Exposure in Sparring	<i>John Stiller, MD</i> <i>Barry Jordan, MD</i>
2:30-3:15	Combative Sports Injuries of 1,500 Combatants—A 10 Year Study	<i>Shelby Karpman, MD</i>
	Sociological Profile of 600+ MMA Competitors	<i>Pat Reid, Masters PE</i> Moderator: <i>Alan Fields, MD</i>
3:15-3:45	Break	
3:45-4:30	Acute Neuro-Cognitive Changes in Professional Boxing	<i>Helen Clausen, MD</i> Moderator: <i>Ray Monsell, MD</i>
4:30-5:30	The Use of Accelerometers in Contact Sports	<i>Alexander Powers, MD</i> <i>Vincent Miele, MD</i> <i>Adam Bartsch, PhD</i>
6:30-7:30	Fellowship Night	

Friday, October 28, 2011 • 8:30AM-12:00PM

8:30-9:15	Assistive Devices in Detection of Concussion	<i>Barry Jordan, MD</i>
9:15-9:45	International Research Opportunities in the Combat Arts	<i>David Curby, PhD, FACSM</i>
9:45-10:15	Break	
10:15-11:15	Comprehensive Allied Health Panel on Concussion/Injury Care	<i>Patricia Grounds, MS, ATC</i>
11:15-12:00	Update Briefing on Federal Legislation Summary of Association of Boxing Commissions Annual Meeting	<i>Bruce Spizler, Esquire</i> <i>Domenic Coletta, MD, FAAEM</i>

Banquet

6:00-7:00	Cash Bar
7:00-9:00	Dinner and Program

Saturday, October 29, 2011 • 8:00AM-12:30PM

8:00-8:20	Report on the Future Medical Objectives in Professional Boxing	<i>Calvin Inal Singh, MD, (WBA)</i> <i>Paul Wallace, MD, (WBC)</i>
8:20-8:45	Lessons Learned in International Boxing Competitions	<i>Paul Wallace, MD</i> Moderator: <i>William Lathan, MD</i>
8:45-9:15	Injury and Rule Changes in MMA	<i>John McCarthy</i> <i>Cory Shafer</i>
9:15-10:00	A Trainer's Perspective of Boxing Injury	<i>Emanuel Steward</i>
10:00-10:30	The Use of Stem Cells and PRP for Combat Arts Athletes	<i>Peter Lewis, MD</i>
10:30-11:00	Break	
11:00-11:30	The Show Must Go On	<i>Domenic Coletta, MD, FAAEM</i>
11:30-12:30	Membership Meeting	

Stay in Orlando Saturday night for a fun evening with your fellow attendees!

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Complete this form and mail it to ARP, c/o ACSM, P.O. Box 1440, Indianapolis, IN 46206.

First name: _____ Last name: _____

Last four digits of Social Security number (required for CME credits): _____

Degree/Credentials: _____

Specialty: _____ Institution: _____

Address: _____

City, State, Country, Zip: _____

Badge Name: _____

Daytime Phone: _____ Fax: _____

E-mail Address (required to certify attendance and claim CME credit after the meeting): _____

Spouse/Guests Names: _____

Registration Fees:

Registration includes Welcome Cocktail Reception, program materials, continental breakfast and refreshment breaks (for meeting attendees), and CME credits (physician members only). Awards Banquet priced separately.

Hotel accommodations and personal transportation not included in registration fee.

<input type="checkbox"/> ARP Member, Physician (includes CMEs)	\$400
<input type="checkbox"/> ARP Associate Member, Non-Physician, Athletic Trainer	\$350
<input type="checkbox"/> Non-Member, Physician (includes one-year membership)	\$550
<input type="checkbox"/> Non-Member, Non-Physician (includes one-year Associate membership)	\$425
<input type="checkbox"/> Student (Fee does not include cocktail reception)	\$99

Additional Items:

<input type="checkbox"/> Banquet ticket (not included in registration fee; required for each banquet guest) Quantity: _____	\$75
<input type="checkbox"/> Spouse/Guest Cocktail Reception Ticket	\$50
<input type="checkbox"/> Renew Membership—Physician	\$150
<input type="checkbox"/> Renew Membership—Non-Physician	\$75

Payments:

Check payment should be made payable to "ARP" and mailed to: ARP, c/o ACSM
P.O. Box 1440
Indianapolis, IN 46206

Enclosed is my check in the amount of
\$ _____

Cancellation Policy:

A service charge of \$50 will be applied to all cancellations. Refunds will not be issued for cancellations made after October 14, 2011, after the course begins, or for no-shows.

Questions? E-mail meeting@acsm.org



**AMERICAN COLLEGE
of SPORTS MEDICINE®**
LEADING THE WAY

401 West Michigan Street
Indianapolis, IN 46202-3233
Phone: (317) 637-9200
Fax: (317) 634-7817
www.acsm.org

Continuing Education

Association of Ringside Physicians is recognized by the Board of Certification, Inc. to offer 11.5 academic hours of continuing education for Certified Athletic Trainers. 🌐

Sponsorship Statement

This activity is jointly sponsored by Wake Forest School of Medicine and the Association of Ringside Physicians (in cooperation with the American College of Sports Medicine).

Accreditation Statement

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of Wake Forest School of Medicine and the Association of Ringside Physicians. The Wake Forest School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Credit Statements

- The Wake Forest School of Medicine designates this live activity for a maximum of 10.25 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- This activity is acceptable for 1.025 CEUs.
- This educational activity can be applied towards your continuing competence plan for maintaining your current licensure with the North Carolina Board of Nursing.

Conflict of Interest Policy

It is the policy of Wake Forest School of Medicine to require disclosure of any significant financial interest or any other relationship a faculty member or planning committee member has with the manufacturer(s) of any commercial products or services discussed in an educational presentation. This information can be found in the activity materials distributed at the meeting.

Target Audience

Physicians, fellows, residents, students, physician assistants, and nurses in both academic and private practice who are involved in the newly evolving sports medicine subspecialty of Ringside Medicine. Others who may benefit include athletic trainers, athletes, referees, and state commissioners.

Learner Objectives

- Cite the innovative neuropathologic findings which explain the premorbidity and mortality of chronic traumatic brain injury.
- Recognize newly exposed data regarding the dangers and consequences of sparring when physician or athlete trainer supervision is not present yet comprehend the exposure of injury prior to formal competition.
- Incorporate the new information on the injury results and mechanisms of 1,500 combatants so that he/she can apply the newly gained knowledge as to the common and prevalent injuries of these combat athletes.
- Recognize acute not chronic changes that occur in boxers as well as the psychological and physiologic physical findings that can assist in an appraisal of a pre-bout athlete or an athlete that has suffered a concussion.
- Describe potential new mechanisms for measuring and substantiating blows sustained in the Combat Arts so that his/her perception versus reality of measurement can be balanced.
- Utilize the most productive and efficient means for delineating brain injury in a combat or contact athlete.
- Participate in both applying and creating research.
- Compare his/her existing skill level and injury awareness to the standards already present within the contact sports of football and soccer.
- Elevate and equalize his/her clinical exposures to those of team physicians in other sports.

- Discuss the latest legislation applying to the sports of boxing and mixed martial arts so that his/her standards for evaluation and treatment will parallel the medicolegal implications that will be federally mandated.
- Elevate his/her expectations for Ringside Physician expertise by comparative rule changes and mission statements within the existing major boxing federations.
- Be aware of the most recent recommendations from each boxing commission.
- Describe the current standards of medical practice as required by the State of California so that he/she can compare any practice gap of his/her individual state requirements to those of an extremely busy Combat Arts state and state legislated guidelines.
- List the objective reasons for bout stoppage so that he/she can anticipate the mechanism of injury, the body parts at risk, and apply this to the appropriate treatment plan.
- Recognize the moves of the sport so that he/she can associate potential injury mechanisms.
- Differentiate training injury versus bout injury.
- Determine what training injuries to look for so that his/her athlete is at less risk if approved for competition.
- Describe the international basis for treatment decisions.
- Think through the thought process that is essential to a Ringside Physician and particular to the Combat Arts as compared to team sports.

Special Needs

Wake Forest School of Medicine adheres to the Americans with Disabilities Act. Please report to the Office of Continuing Medical Education at (336) 713-7755 any special needs you may have for access to this educational activity.