

# Healing Our Presence...Stepping up our Game

presented by

## The Healing Care Initiative

### Target Audience:

This workshop is for all providers of healing care who wish to strengthen their ability to be a healing presence for their patients and clients.

### Course Description:

Early childhood wounds, even if long forgotten, can continue to affect our relationship to ourselves and to others. They color how we see the world and our place in it. They influence our choices in all areas of life. Children in a bad situation never believe that the situation is bad, they believe that they are bad. They take on a shame based identity and then a corresponding survival style. This allows them to avoid feeling the pain of their childhood wounds. Many of us are continuing to live life feeling constrained in a survival style that no longer serves us and we yearn for a greater capacity for aliveness. Fortunately, a very simple, powerful and profound path to healing the wounds of the past has been created specifically for providers of healing care. The 12 Steps of Healing Care is a spiritual guide for healing ourselves so that we may become a stronger healing presence for our patients and clients.

### Course Objectives:

1. Identify the five biologically based core needs essential to physical & emotional well-being
2. Discuss the effect that the five adaptive survival styles have on healing care professionals
3. Describe the 12 Steps of Healing Care and their role in healing emotional wounds

### Course Content:

1. The five biologically based core needs essential to physical & emotional well-being
2. The five adaptive survival styles created from early childhood wounding
3. The 12 Steps of Healing Care

*"Provider approved by the California Board of Nursing, Provider Number CEP 16589, for 6 contact hours credit"*

**Date:** August 6, 2016      **Time:** 9 - 4:30

**Location:** Marina Village Conference Center, 1936 Quivira Way, San Diego, CA 92109

**Tuition:** \$150  
\$175 after July 23, 2016

**Registration:** Contact Kathy Allan 619-881-9328 or emfnurse@gmail.com

### Instructor:

Kathy Allan RN, HN-BC, HTCP/I, SEP and NARM-C is a Board Certified Holistic Nurse, a Healing Touch Instructor, a Somatic Experiencing Practitioner certified to work with post traumatic stress and she is certified in NARM, the NeuroAffective Relational Model of healing developmental trauma. Additionally, Kathy studied with Rosalyn Bruyere for three years. She is the founder and director of the Healing Care Initiative, a multilevel education program designed to take trauma out of healthcare.

# Registration Form

## Healing Our Presence...Stepping Up Our Game

August 6, 2016  
San Diego, CA

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Profession \_\_\_\_\_

License Number \_\_\_\_\_

Continuing Education Contact Hours yes \_\_\_\_\_ no \_\_\_\_\_

Please check one of the following:

\_\_\_\_\_ \$150 Regular Tuition

\_\_\_\_\_ \$175 After July 23, 2016

\$ \_\_\_\_\_ Amount Enclosed

Make checks payable to: [Healing Care Initiative](#)

Send to: Kathy Allan  
PO Box 178472  
San Diego, CA 92177