Are your patients struggling with osteoarthritis (OA) knee pain?

GIVE YOUR PATIENTS THE RELIEF THEY NEED FROM OA KNEE PAIN

Unique formulation mimics the high molecular weight and elastoviscous properties of healthy, young synovial fluid

- **SYNVISC®** provides pain relief
- **SYNVISC®** provides potential cartilage preservation
- **SYNVISC®** provides delay in time to total knee replacement

References:
5. Waddell DD, Bricker DC. Total Knee Replacement Delayed with Hylan G-F 20 use in Patients with Grade IV Osteoarthritis. J Manag Care Pharm. 2007;13(2)113-121.

**S4**

**SYNVISC®** syringe. Synvisc® (hylan G-F 20) is an elastoviscous fluid containing hylan polymers produced from chicken comb. Hyalurons are derivatives of hyaluronic acid, a natural complex sugar of the glycosaminoglycan family. Hyaluronan is a long-chain polymer containing repeating disaccharide units of sodium glucuronate-N-acetylglucosamine. Each 1 ml contains Hylan G-F 20, sodium chloride, disodium hydrogen phosphate, sodium dihydrogen phosphate hydrate, sterile water for injection.

**Reg. No.:** 31/3.2/0397.

**SYNVISC ONE®** Injection. Each 1 ml contains 8 mg Hylan G-F 20 as active ingredient. Hylan G-F 20 consists of 6.4 mg Hylan A and 1.6 mg Hylan B. Synvisc One also contains disodium hydrogen phosphate, sodium chloride, sodium dihydrogen phosphate monohydrate and sterile water for injection.

**Reg. No.:** 45/3.2/0025.

**Applicant:** Genzyme Biopharmaceuticals S.A. (Pty) Ltd, A Sanofi Company. Tel: (011) 256 3700. Fax: 086 589 1049. www.sanofi.com
Dear Colleagues,

13th Meeting of the Combined Orthopaedic Associations

The 13th Meeting of Combined Orthopaedic Associations (COMOC) is scheduled for 11 – 15 April 2016 in Cape Town and planning is well underway. We look forward to welcoming you to the Mother City. The Combined congress is going to be held at the world renowned Cape Town Convention Centre (CTICC), located conveniently at the Waterfront.

Letter from the Chairman

Time has a habit of catching up with you and we can hardly believe that the COMOC 2016 meeting is only 9 months away.

On behalf of the Congress Committee and the SAOA Executive Committee I would like to invite you to the 13th Combined Meeting to be held in Cape Town, South Africa, from 11-15 April 2016.

Cape Town, our Mother City, is one of the world’s most popular tourist destinations. It is famous for its beautiful scenery, hospitality and diverse attractions to make a visit memorable.

This will be a wonderful opportunity to organise a reunion with old friends and travelling companions.

The theme for the meeting is: “Developing Orthopaedics and the Super Specialist”.

Registration is open on www.comoc2016.org, please register before 31 October to qualify for early bird registration.

The programme and call for abstracts is also available on the website. www.comoc2016.org. Please be reminded that the deadline for abstract submissions is 31 October 2015.

An academic meeting for orthopaedic surgeons is never complete without a lively social programme as well as an entertaining programme for the accompanying persons and partners.


Please save the date as your most important trip for 2016!

We look forward to welcoming you to Cape Town.

Kind Regards
Gert Vlok
Congress Committee Chairman 2016

Format for Congress – Please note that this is a 5 day Congress

Monday 11 April 2016
Full day Congress and opening cocktail function at CTICC in the Exhibition Hall

Tuesday 12 April 2016
Full day Congress and social evening at Gold Restaurant

Wednesday 13 April 2016
Half day Congress and free afternoon and free evening

Thursday 14 April 2016
Full day Congress and gala dinner in the Ballroom at the CTICC

Friday 15 April 2016
Full day Congress with closure at approximately 16h00
CONGRESS COMMITTEE/ACADEMIC COMMITTEE

Prof Gert Vlok
Dr P Makan
Prof R Dunn
Dr Adriaan van Zyl

SAOA PRESIDENT 2016

Dr Rob Fraser

ACCOMPANYING PERSONS’ COMMITTEE

Trix Vlok
Juanita Makan
Karen van Zyl

ORTHOPAEDIC ADMIN SECRETARIAT

Leana Fourie - CEO

Email: info@saoa.org.za
Tel: +27 51 430 3280
Fax: +27 51 430 3284 or 086 564 7437 (local calls)
Cell: +27 83 391 2715
Postal address: PO Box 12918 Brandhof, 9324 South Africa

CONGRESS SECRETARIAT - ICE SOLUTION

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Fax: +27 11 911 1939
88 1st Street • Parkmore • B123 • Johannesburg • South Africa

Email: tracey@icesolution.co.za or jeanne-marie@icesolution.co.za or mel@icesolution.co.za

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Cell numbers:
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Elastic uncemented monoblock design and vitamys – the key to success for a concept that includes 30+ years of clinical experience. For more information see www.bonepreservation.com

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CONGRESS VENUE

The Congress will be held at The Cape Town International Convention Centre, Cape Town, South Africa.

Lindsay Martinus - Event Executive
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Convention Square, 1 Lower Long Street, Cape Town, 8001, South Africa
Visit our world class facility at www.cticc.co.za

PLENARY SPEAKERS

American Orthopaedic Association
Terrance D. Peabody

Dr. Peabody is the Edwin Warner Ryerson Professor of Orthopaedic Surgery and Chair of the Department of Orthopaedic Surgery at Northwestern University Feinberg School of Medicine. He also provides care for patients at Lurie Children’s Hospital, and is a member of the Robert H. Lurie Cancer Centre.

Dr. Peabody has served as President of the American Orthopaedic Association, President of the North American Musculoskeletal Tumor Society, Vice Chair of the Residency Review Committee for Orthopaedic Surgery and is currently Director for the American Board of Orthopaedic Surgery.

Dr. Peabody previously served on the faculty of the University of California at Irvine from 1991 to 1993 and the University of Chicago, Pritzker School of Medicine from 1994 to 2011. He was the Simon and Kalt Families Professor of Orthopaedic Surgery and Chief of the Section of Orthopaedic Surgery and Rehabilitation Medicine at the University of Chicago. He also held secondary appointments as a professor of surgery in the University of Chicago Cancer Center and Instructor in the Department of Orthopaedic Surgery at Loyola University Chicago, Stritch School of Medicine. He earned his Doctor of Medicine degree and completed his residency and internship training at the University of California-Irvine, and completed his fellowship at the University of Chicago Medical Centre.

He received his Bachelor’s in Biology from the University of California-Irvine, where he also received his medical degree, completed an internship and his residency.

Dr. Peabody’s research and clinical expertise focus on the treatment of benign and malignant bone and soft-tissue tumors including limb salvage surgery and functional restoration for adult and pediatric patients. A well-published investigator, Dr. Peabody has authored multiple journal articles and book chapters and served as on the editorial board of several publications. Other than musculoskeletal oncology, his professional interests include challenges related to resident and fellow education.

He and his wife are the proud parents of four children.
American Academy of Orthopaedic Surgeons
Stuart L. Weinstein

Dr. Weinstein is the Ignacio V. Ponseti Chair and Professor of Orthopaedic Surgery and Professor of Pediatrics at The University of Iowa.

Dr. Weinstein is an NIH funded researcher. He has published more than 200 scientific articles in peer review journals. He has edited three major textbooks including The Pediatric Spine and Lovell and Winter’s Pediatric Orthopedics.

Dr. Weinstein was ABC Traveling Fellowship in 1985. His is the recipient of the Bristol-Myers Squibb/Zimmer Award for Distinguished Achievement in Orthopaedic Research; The Kappa Delta /OREF Clinical Research Award (twice, 1998, 2015); The Russell Hibbs Award (1998, 2014); The Arthur H. Heune Memorial Award, and the Alfred R. Shands, Sr., MD Award. In 2011, Dr. Weinstein received the William W. Tipton, Jr., MD, Award for Outstanding Leadership and in 2012 he received the AOA’s Distinguished Contributions to Orthopaedics Award.

He has been honored by honorary memberships in National Orthopaedic Associations around the world including Australia, New Zealand, Germany, Great Britain, Thailand, China, Portugal, and Argentina. In 2007 he was made a Fellow of The Royal College of Surgeons of England and in 2014 he was made an Honorary Member of EORT.


Australian Orthopaedic Association
Dr Ian Incoll

Dr. Ian Incoll is an Australian Orthopaedic and hand surgeon. He is Chair of Education and Training and Vice President for the Australian Orthopaedic Association (AOA).

He is currently involved in AOA 21, the exciting new initiative in Education and Training by AOA, incorporating global best practice to improve quality in patient care nationally.

He is Conjoint Senior Lecturer at the University of Newcastle, Australia, a director of the Australian Society of Orthopaedic Surgeons and a past director of the Australian Medical Association.

British Orthopaedic Association
Timothy Wilton

Tim Wilton trained at Oxford and at UCH medical school and in Orthopaedics at Nottingham, Harlow Wood, Derby and South Wales with travelling fellowships in N America, Strasbourg, Bern and Ljubljana.

He now has an entirely elective practice in lower limb arthroplasty and has specialised in Knee replacement and knee revision surgery for the last 26 years. He has a lifetime personal experience of over 2500 hip and 3500 knee replacements.

He teaches widely on technical aspects of knee replacement and has been invited lecturer throughout the world and at the major European, North American and International Knee Surgery organisations.

He is a founder member of the new European Knee Society. He is currently Secretary of Council of the Bone and Joint Journal. His research interests are mainly in Soft-tissue aspects of knee replacement and the outcome of primary and revision total knees.

He is involved with managing the ODEP and Beyond Compliance systems for implant assessment and was involved in developing the NJR.

He has previously served as President, Hon Secretary and Hon Treasurer of the British Association for Surgery of the Knee. He will be President of the British Orthopaedic Association for 2016/17.
Could your patients achieve a greater range of motion and get back sooner? In a clinical study, physical therapists noted that ATTUNE® Knee patients had significantly greater range of motion both two and six weeks post-surgery, and required significantly less time to meet the necessary criteria to leave the hospital, compared to another leading knee replacement.*

See how the ATTUNE Knee could improve outcomes for your patients by contacting your local DePuy Synthes Companies representative or visiting www.attuneknee.com or www.depuysynthes.com

* Data on file from Mark Clatworthy, MD. In hospital study involved 40 ATTUNE Knee vs 40 SIGMA® Knee patients. The www.attuneknee.com site is intended for visitors from the United States only.

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Canadian Orthopaedic Association
John Wedge

John Wedge was born in Saskatoon, Saskatchewan, September 6, 1945. He graduated from the College of Medicine, University of Saskatchewan in 1969.

After completion of his surgical education in Saskatoon, Montreal, Toronto and Oxford, U.K., he joined the Department of Surgery (Orthopaedics) in Saskatoon and later became Head of Orthopaedic Surgery, Professor and Chairman of the Department of Surgery, University of Saskatchewan and Head of the Department of Surgery, Royal University Hospital, Saskatoon. In 1988 he assumed the position of Head, Division of Orthopaedic Surgery, The Hospital for Sick Children, Toronto, and in 1992 was appointed the Colonel R.S. McLaughlin Professor and Chair, Department of Surgery, University of Toronto. In January 1995, he was appointed Surgeon-in-Chief, The Hospital for Sick Children. Following completion of his tenure in these positions, he served as Associate Dean, Clinical Affairs, Faculty of Medicine, University of Toronto, and Associate Vice-Provost, University of Toronto until 2007.

Dr. Wedge has served as the president of the Canadian Orthopaedic Research Society (1990-91), member and then chair of the Board of Trustees of the Holland Bloorview Children’s Rehabilitation Hospital (2000-07) in Toronto and as a faculty representative on the Governing Council of the University of Toronto. He co-founded SickKids International (SKI) in 2006 on behalf of The Hospital for Sick Children to provide paediatric specialty advisory services to international partners, mostly in developing countries. He was the original chair of the SKI Advisory Council and is currently Senior Medical Executive.

Dr. Wedge is an international authority on complex surgical hip reconstruction in children and adolescents. He has conducted thousands of surgical procedures, trained hundreds of residents and fellows and has published extensively in his area of expertise. He has more than 100 publications (peer reviewed, invited and book chapters) mostly focused on childhood and young adult hip deformity and disease. From 2009 through 2013 he was invited Guest Speaker or Visiting Professor to the national specialty organization or universities in ten countries (US, UK, Australia, Canada, Belgium, Switzerland, Portugal, China, Iran and Israel).

In 2006 Dr. Wedge became an Officer of the Order of Canada for his outstanding contributions to Paediatric Orthopaedic Surgery in Canada and beyond. He was named one of ‘100 Alumni of Influence’ for the centennial of the University of Saskatchewan in 2007. In 2012 he was awarded the Queen Elizabeth II Diamond Jubilee Medal for “dedicated service to peers, community and Canada”.

New Zealand Orthopaedic Association
Professor Sue Stott

Professor Susan Stott is based at the Department of Surgery, Faculty of Medical and Health Sciences, University of Auckland and is Clinical Director of Paediatric Orthopaedic Surgery at Starship Children’s Hospital.

Professor Stott gained her MB ChB in 1982 and, in 1988, was one of the first women to be awarded a Fellowship in Orthopaedic Surgery from the Royal Australasian College of Surgeons. She has served as Editorial Secretary for the New Zealand Orthopaedic Association and is a current Examiner for the Royal Australasian College of Surgeons. She is a past President of the Australasian Academy of Cerebral Palsy and Developmental Medicine and has served as a Board member on the Health Research Council of New Zealand.

Her major research interests are in the area of physical disability in children and the impact of acquired neurological disorders such as cerebral palsy on musculoskeletal functioning in childhood. She has received funding from the Health Research Council, Lottery Health, Neurological Foundation and the Cerebral Palsy Society of New Zealand to support her research.
SAOA - GT du Toit lecture: Mkhululi Lukhele

Mkhululi “Mac” Lukhele is a general Orthopaedics surgeon with special interest in spine surgery. He is the clinical head of department of Orthopaedics at Charlotte Maxeke Johannesburg Academic Hospital. He is the head of the spine unit at CMJAH where he has been training spine surgeons.

He is the adjunct Professor of Orthopaedics at the University of Witwatersrand where he is also the Head of the School of Clinical Medicine. He is one of the past presidents of the South African Medical Association and also a past president of the South African Spine Society.

He is a member of the National Osteoporosis Foundation of South Africa. His interest is paediatrics spine deformity, osteoporosis and medical education.

He is married to Grace Motswana Lukhele and has 4 children. He enjoys road running and occasional cycling.

SAOA - JJ Craig lecture Dr Mark Eltringham

Dr Mark Eltringham is a Wits graduate who also did his postgrad training and Orthopaedic specialisation on the Wits circuit. His interest in Paediatric Orthopaedic Surgery and in Limb Reconstruction and Deformity Correction began in 1989, initially whilst working under Prof Erken at the then Johannesburg Hospital, continuing on into his full time Private Practice at Sunninghill Hospital where he has worked since 2002. He began using the Ponseti method in 2003, and has been involved since then in training and disseminating the method in Southern Africa.

In his spare time he is an avid cyclist, enjoys DIY and spending time – preferably on an off-road camping adventure – with his family.

**COMOC 2016. 11-15 April Academic Programme: Developing Orthopaedics and the Super Specialist**

### Key:
- **Débates**
- **Plenary**
- **Keynote & Epimorphic**
- **Free Papers**
- **Meet the Experts**
- **Trade Workshops/Industry Satellite Sessions**
- **Symposia**
- **Instructional Courses**

#### Main theme

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| 09h00-10h30         | **American Orthopaedic Association (AOA)**
SYMPOSIUM: Forging Partnerships: Multidisciplinary Teamwork to Enhance Patient Care
| **Hip Arthroplasty Instructional Course:** Primary Hip Arthroplasty
| **Foot & Ankle Instructional Course:** SAFSA: The Adult Flat Foot Deformity – where do we stand in 2016
| **SAMS - Medical Legal Session**
| **Session - TBA**
| **Industry Satellite Sessions**
| 10h30-11h00         | Tea                  | Tea                  | Tea                  | Tea                  | Tea                  |
| 11h00-12h30         | **American Orthopaedic Association (AOA)**
SYMPOSIUM: Orthopaedic Workforce Needs: Challenges in a Changing Environment
| **Hip Arthroplasty Instructional Course:** Primary Hip Arthroplasty
| **Foot & Ankle Instructional Course:** SAFSA: Sports injuries in the Foot and Ankle
| Sister Associations Medical Legal Session
| **Session - TBA**
| **Industry Satellite Sessions**
| 12h30-13h00         | Plenary Lecture AOA: Certification of Competency Throughout an Orthopaedic Surgeons Career - Terrence Peabody
| **Lunch**           | **Lunch**           | **Lunch**           | **Lunch**           | **Lunch**           | **Lunch**           |
| 13h00-14h00         | Plenary Lecture AAO: The Evidence Base for the Prognosis and Treatment of Adolescent Idiopathic Scoliosis - Stuart Weinstein
| 14h00-14h30         | Tea                  | Tea                  | Tea                  | Tea                  | Tea                  |
| 14h30-15h30         | **American Academy OA Symposium:** An International perspective on Value-Based Healthcare
| **Hip Arthroplasty Free Papers**
| **Foot & Ankle (SAFSA) Free Papers**
| **Session - TBA**
| **Industry Satellite Sessions**
| 15h00-16h00         | Tea                  | Tea                  | Tea                  | Tea                  | Tea                  |
| 16h00-16h30         | **American Academy OA Symposium:** Hot Topics and Controversies in Total Joint Replacement
| **Hip Arthroplasty Free Papers**
| **Foot & Ankle (SAFSA) Free Papers**
| **British Bone & Joint Journal: How to achieve the highest impact for an article**
| **Session - TBA**
| **Industry Satellite Sessions**
| 16h30-17h00         | Tea                  | Tea                  | Tea                  | Tea                  | Tea                  |
| 17h00-17h30         | **American Academy OA Symposium**
| Keynote Lecture - Improving outcomes after THA surgery - I Learnmonth
| **Foot & Ankle (SAFSA) Free Papers**
| **Session - TBA**
| **Industry Satellite Sessions**
| 17h30-18h00         | **American Academy OA Symposium**
| Crossfire - Controversies in THA. All Hip Arthroplasty Faculty
| **Foot & Ankle (SAFSA) Debate: Controversies concerning the Achilles Tendon**
| **Foot & Ankle (SAFSA) Meet the Expert**
| **Session - TBA**
| **Industry Satellite Sessions**
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<td>18h00-18h30</td>
<td>AMERICAN ACADEMY OA Symposium</td>
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<td>Australian Orthopaedic Association Symposium: AOA National Joint Replacement Registry</td>
<td>HAND INSTRUCTIONAL COURSE</td>
<td>Pediatrics (SAPOS) INSTRUCTIONAL COURSE: Clubfoot and Congenital Vertical Talus</td>
<td>SPINE INSTRUCTIONAL COURSE: Where 3rd and 1st worlds collide</td>
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<td>10h30-12h30</td>
<td>Australian Orthopaedic Association Symposium: Computer Navigation in Orthopaedic Surgery</td>
<td>HAND INSTRUCTIONAL COURSE</td>
<td>Pediatrics (SAPOS) INSTRUCTIONAL COURSE: Slipped Capital Femoral epiphysis</td>
<td>SPINE INSTRUCTIONAL COURSE: Spine sports injuries</td>
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<td>14h30-15h30</td>
<td>New Zealand OA Symposium: Clinical Prioritisation of Elective Orthopaedic Surgery</td>
<td>HAND FREE PAPERS</td>
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<td>New Zealand OA Symposium: Orthopaedic Practice in a No Fault Accident Compensation Environment.</td>
<td>HAND FREE PAPERS</td>
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<td>16h30-17h00</td>
<td>New Zealand OA Symposium: continued</td>
<td>HAND DEBATE</td>
<td>PAEDIATRICS DEBATE: Perthes' disease. Blood supply, bisphosphonates and coverage – when, where and how much?</td>
<td>SPINE DEBATE</td>
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<td>17h00-17h30</td>
<td>New Zealand OA Symposium: continued</td>
<td>HAND MEET THE EXPERT</td>
<td>PAEDIATRICS MEET THE EXPERTS: Questions from panel from both ACL's - CTEV, CVT, SCFE &amp; Perthes</td>
<td>SPINE MEET THE EXPERT</td>
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<tr>
<td>08h00-10h00</td>
<td>British OA Symposium: Balancing health care needs and super specialisation</td>
<td>Hip Arthroscopy (SASHA) INSTRUCTIONAL COURSE: Hip Scope Basics</td>
<td>Trauma (SAOITS) INSTRUCTIONAL COURSE</td>
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<td>10h30-12h00</td>
<td>British OA Symposium: Creating an evidence based cost effective arthroplasty service</td>
<td>Hip Arthroscopy (SASHA) INSTRUCTIONAL COURSE: Advanced Hip Arthroscopy</td>
<td>Limb Lengthening and Reconstruction Society (LLRS)</td>
<td>American Journal of Bone &amp; Joint Surgery: Advance your career in scholarly publications. Discussion of the why and how of reviewing for an orthopaedic journal and how to work towards selection for a journal's editorial board.</td>
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**TUESDAY 12 APRIL 2016**

**WEDNESDAY 13 APRIL 2016**
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<th>Session</th>
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<td>Canadian OA Symposium: The Role of a Competency Based Curriculum in Orthopaedic Training: Bridging the Gap between Theory and Clinical Practice</td>
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<td>Canadian OA Symposium: continued</td>
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<td>1030-1100</td>
<td>Canadian OA Symposium: Clinical Trials (and Tribulations): The Promise of Multinational Research</td>
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<td>Canadian OA Symposium: continued</td>
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<td>1200-1230</td>
<td>Canadian OA Symposium: continued</td>
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<td>1230-1300</td>
<td>Plenary lecture by John H. Wedge, Canadian OA</td>
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**American Journal of Bone & Joint Surgery:**

cocktail hour for authors and our journal reviewers (Venue: Roof Terrace, Level 2 TBC)

**SESSION - TBA**

**INDUSTRY SATELLITE SESSIONS**
<table>
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<tr>
<th>Time</th>
<th>PLenary</th>
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<td>08h00-10h00</td>
<td>South African Orthopaedic Association (SAOA) Symposium: First World Surgeon in a third world environment: the milieu</td>
<td>ISAKOS (Sports Medicine) INSTRUCTIONAL COURSE</td>
<td>Tumours INSTRUCTIONAL COURSE: New concepts in genetics and novel treatment in bone tumours</td>
<td>Shoulder/Elbow (SASES) INSTRUCTIONAL COURSE</td>
<td>SESSION -TBA</td>
<td>INDUSTRY SATELLITE SESSIONS</td>
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<td>10h30-12h30</td>
<td>South African Orthopaedic Association (SAOA) Symposium: First World Surgeon in a third world environment: the clinical challenge</td>
<td>ISAKOS INSTRUCTIONAL COURSE</td>
<td>Tumours INSTRUCTIONAL COURSE: Metastatic bone disease</td>
<td>Shoulder/Elbow (SASES) INSTRUCTIONAL COURSE</td>
<td>SESSION -TBA</td>
<td>INDUSTRY SATELLITE SESSIONS</td>
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<tr>
<td>12h30-13h00</td>
<td>LUNCH</td>
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<tr>
<td>12h30-14h00</td>
<td>JJ Craig Plenary Lecture (SAOA). Dr Mark Eltringham - A walk along the path of clubfoot management in South Africa</td>
<td>FREE PAPERS</td>
<td>FREE PAPERS</td>
<td>FREE TUMOUR PAPERS</td>
<td>SESSION -TBA</td>
<td>INDUSTRY SATELLITE SESSIONS</td>
</tr>
<tr>
<td>15h30-16h00</td>
<td>TEA</td>
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<tr>
<td>16h00-16h30</td>
<td>FREE PAPERS</td>
<td>FREE PAPERS</td>
<td>FREE TUMOUR PAPERS</td>
<td>SESSION -TBA</td>
<td>SESSION -TBA</td>
<td>INDUSTRY SATELLITE SESSIONS</td>
</tr>
<tr>
<td>16h30-17h00</td>
<td>FREE PAPERS</td>
<td>ISAKOS DEBATE</td>
<td>Tumour Debate: Interesting cases and to ask the experts</td>
<td>SESSION -TBA</td>
<td>SESSION -TBA</td>
<td>INDUSTRY SATELLITE SESSIONS</td>
</tr>
<tr>
<td>17h00-17h30</td>
<td>FREE PAPERS</td>
<td>ISAKOS MEET THE EXPERTS</td>
<td>TUMOUR MEET THE EXPERTS</td>
<td>SESSION -TBA</td>
<td>SESSION -TBA</td>
<td>INDUSTRY SATELLITE SESSIONS</td>
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<tr>
<td>17h30</td>
<td>CLOSING CEREMONY</td>
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NOTE: Programme subject to change

Plenary Lecture GT du Toit (SAOA). Prof Mikhululi Lukhele

programme at a glance - detailed programme available on www.comoc2016.org
SOCIAL PROGRAMME

MONDAY

OPENING COCKTAIL FUNCTION – this will be held on Monday 11 April 2016 at the CTICC in the Trade Hall.

TUESDAY

SOCIAL EVENING – this will be held on Tuesday 12 April 2016 – GOLD restaurant (African and Cape Malay restaurant).
Cost: R450 per person, including VAT

This is a casual evening with great food, great entertainment and the time to enjoy lots of catching up with friends and colleagues.
The dinner at Gold will be served in a cocktail style from cocktail tables and bar chairs. The Set menu served is an interactive dining style on platters and in small bowls to the tables with roving service in cocktail/lounge areas.

www.goldrestaurant.co.za/

WEDNESDAY

FREE EVENING ON WEDNESDAY 13TH APRIL 2016
ABC FELLOW DINNER – BY INVITATION ONLY
Cost: R850 per person, including VAT

THURSDAY

CONGRESS BANQUET – this will be held on Thursday 14 April 2016 at the CTICC – in the traditional style of the congress, this promises again to be an elegant evening – don’t miss it!
Space is limited so please book timeously.
Cost: R480 per person, including VAT

FRIDAY

CONGRESS CLOSES APPROX. 16H00.
LEISURE ACTIVITIES ON WEDNESDAY 13TH APRIL 2016

GOLF
The official leisure activity of the Congress is the Golf, which will be held on Wednesday 13 April 2016 at the Atlantic Beach Golf Club.

www.atlanticbeachgolfclub.co.za
Cost: R840, including VAT.

FRANSCHHOEK MOTOR MUSEUM & WINE TASTING AT ANTHONIJ RUPERT WYNE
Visit to Franschhoek Motor Museum (www.fmm.co.za), followed with wine tasting at Terra del Cape Tasting room or Anthonij Rupert Wyne (www.rupertwines.com)

Spend a leisurely afternoon on the World class Anthonij Rupert Estate in Franschhoek. Your visit includes an Italian cheese and wine tasting, a mini- High tea experience set in the historic manor house, a scenic tram drive taking in spectacular views from the Franschhoek wine valley, and a visit to the Franschhoek Motor Museum where 80 cars spanning motoring history over the last 100 years is on display.
Cost: R 350.00, including VAT.

DELEGATE REGISTRATION
Please go online to register www.comoc2016.org

Please remember that an on-site extra registration fee of R1000 per delegate (incl vat) applies if you register at the CTICC, so please pre-register and save.

ON-SITE REGISTRATION AND BADGE PICK UP
On site registration will be open on Sunday 10 April from 15h00-17h00 and then from Monday to Friday from 07h00 and will remain open during congress hours.

The registration desk will be situated outside the plenary venue (Auditorium 1) and will be clearly signposted.

Please note: If you did not upload a head and shoulders photograph with your online registration you will be required to have your photo taken before receiving your delegate name badge.

EXHIBITIONS
The Exhibition will be held in the Exhibition Hall – Hall 1B&2. The Exhibition hall will be open from Monday to Friday and will offer the latest technology in the fields of Orthopaedic Surgery.

INDUSTRY SATELLITE SESSIONS
Industry Satellite Sessions will run concurrently each day with other academic papers. The allocation of which days, venues and time slot will be done by the organising committee. All ISS are to be submitted via the Abstract Submission link on this website. When submitting, please click on the Industry Satellite Sessions button & submit your overview.
CPD ACCREDITATION

CPD points will be allocated according to the rules and regulations of the Health Professions Council of South Africa (HPCSA). CME points should also be accrued for international delegates as these will be obtained through the Health Professions Council of South Africa (HPCSA), which is also an international accredited council.

All delegates will need to scan in twice a day to claim their CPD points – once between 08h00 and 12h00 to claim their morning session CPD points and once between 12h00 and 16h00 to claim their afternoon session CPD points. Attendance for CPD sessions accredited for Ethics points will be scanned in the respective venues.

Important Note
We will issue all delegates with a Certificate of Attendance for the duration of your attendance at the COMOC2016. These will be issued at registration on the day of your arrival.

RATES FOR DELEGATE REGISTRATION (RATES ARE PER PERSON, INCLUSIVE OF VAT)

FULL DURATION OF COMOC 2016 CONGRESS 11- 15 APRIL 2016

<table>
<thead>
<tr>
<th></th>
<th>Early Bird (before 31 Oct 2015)</th>
<th>Late (after 31 Oct 2015)</th>
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<tbody>
<tr>
<td>Members (applies to members of AAOS, AOA (US/Australia), BOA,COA,NZOA,SAOA) &amp; Non Members</td>
<td>R 10,000 pp</td>
<td>R 11,000 pp</td>
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<tr>
<td>Trainees/ Registrars</td>
<td>R 5,000 pp</td>
<td>R 5,500 pp</td>
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<tr>
<td>Allied Health Professions</td>
<td>R 5,000 pp</td>
<td>R 5,500 pp</td>
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The above fees are inclusive of:
- Delegate Bag, including all congress material
- Opening Ceremony
- Name Badge permitting you access to all sessions for the full duration
- Refreshment breaks and lunch
- Access to the Congress Mobi App
- Parking at the CTICC for the duration of the Congress
- Welcome Reception in the Exhibition Hall
- Satellite Symposia/ Parallel Sessions
- Transfers to Leisure Activities, Accompanying persons programme activities and Social event at Gold Restaurant (if selected on your registration)
- City Sightseeing Canal Boats – multiple trips between 11 and 15 April; operating between the CTICC, and the One and Only Cape Town Hotel in the V&A Waterfront, with stops at the Harbour’s Edge Hotel and the City Lodge hotel.
- VAT
DAILY REGISTRATION OF COMOC 2016 CONGRESS

<table>
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<tr>
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<th>Early Bird (before 31 Oct 2015)</th>
<th>Late (after 31 Oct 2015)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Members (applies to members of AAOS, AOA (US/Australia), BOA, COA, NZOA, SAOA) &amp; Non Members</td>
<td>R 2,200 pp/pd</td>
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<tr>
<td>Trainees/ Registrars</td>
<td>R 1,100 pp/pd</td>
<td>R 1,250 pp/pd</td>
</tr>
<tr>
<td>Allied Health Professions</td>
<td>R 1,100 pp/pd</td>
<td>R 1,250 pp/pd</td>
</tr>
</tbody>
</table>

The above fees are inclusive of:
- Delegate Bag, including all congress material
- Name Badge permitting you access to sessions for the day/s of your attendance
- Refreshment breaks and lunch for the day/s of your attendance
- Access to the Congress Mobi App
- Parking at the CTICC for the day/s that you will be attending the Congress
- Welcome Reception in the Exhibition Hall, for delegates registering for the 11th April 2016
- Satellite Symposia/ Parallel Sessions, on the particular day/s that you have registered for
- Transfers to Leisure Activities, Accompanying persons programme activities and Social event at Gold Restaurant (if selected on your registration)
- VAT

EXTRAS (not included in the Delegate Registration Fee)

**Accompanying Person** (includes cocktail function on first night & Accompanying Persons bag)
R750 per person, including VAT

**An Additional Onsite admin fee** (when registering at the congress)
R1000.00 per registration, including VAT

**Social Event @ Gold Restaurant**
R450 per person, including VAT

**Banquet Dinner @ CTICC**
R480 per person, including VAT

All Accompanying Person’s must be registered. The accompanying person fee inclusive of VAT includes:
Opening Cocktail Party & Accompanying Persons Gifts.
Options to purchase tickets for optional tours and to purchase tickets to the Social Dinner on 12th April 2016 & Gala Dinner on 14th April 2016

**Accommodation and airport transfers are not included in your registration fee.**
CANCELLATION

Written requests for registration refunds must be postmarked on or before the 31st January 2016.

All congress cancellations received by 31st January 2016 will receive a full refund less an R1000.00 administration fee.

No refunds will be made after the 31st January 2016.

No refunds are given for no shows at the COMOC2016 World Congress.

LIABILITY WAIVER

In consideration of my registration for this programme, I intend to be legally bound, hereby on behalf of myself, my executors, heirs and assigns, waive and release COMOC2016 World Congress and any and all sponsors and their representatives, successors and assigns from any and all rights and claims for damages I have arising out of injuries, illness and /or death. I represent and warrant that I am physically and mentally fit and that, as a result, able to participate, and I do hereby assume all responsibility for my own wellbeing.

The organisers do not accept any responsibility for individual medical, travel or personal insurance. Delegates are strongly advised to have their own travel insurance policies.

INSURANCE

The organisers do not accept any responsibility for individual medical, travel or personal insurance. Delegates are strongly advised to have their own travel insurance policies.
ACCOMPANYING PERSONS’ PROGRAMME
We have some exciting and interesting excursions on offer for the Accompanying persons - Cape Town has something for everyone. Provisional programme included below:
Prices are inclusive of VAT. Detailed information available on www.COMOC2016.org

MONDAY 11TH APRIL 2016

Kirstenbosch Gardens - including breakfast and guided walk through the gardens
Cost: R420.00 per person, including VAT. Additional beverages for own account
OR
Visit to Darling including beer and olive tasting with lunch at Groote Post Wine Estate - lunch at Groote Post.
Cost: R675.00 per person, including VAT. Lunch beverages for your own account.

TUESDAY 12TH APRIL 2016

The Food Barn in Noordhoek - food demonstration by famous chef Franck Dangereux with lunch
www.thefoodbarn.co.za
Cost: R975.00 per person, including VAT. Additional beverages for own account.
OR
The Heart of Cape Town Museum Tour
www.heartofcapetown.co.za
Cost: R 360.00 per person, including VAT.

WEDNESDAY 13TH APRIL 2016

Visit the Franschhoek Motor Museum with wine tasting at Terra del Cape Tasting room or Anthonij Rupert Wyne
Cost: R 350.00 per person, including VAT.
OR
Golf at Atlantic Beach Golf Club
Cost: R 840.00 per person, including VAT.

THURSDAY 14TH APRIL 2016

Cape Point - via Boulders Beach and lunch at 2 Oceans Restaurant and a walk to Cape of Good Hope.
Cost: R 700.00 per person, including VAT.
OR
Spa day at Mangwanani Zevenwacht which is set in one of the country’s idyllic locations on the Zevenwacht Wine Estate, on the Stellenbosch wine route
Cost: R1340.00 per person, including VAT.
OR
Lindt Demonstration – the art of Truffle making
Cost: R735.00 per person, including VAT.

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Cost: R735.00 per person, including VAT.
TRANSFERS

Transfers will be provided for the Accompanying Persons’ Programme outings. Transfers will be provided for the Golf and Leisure Activity on Wednesday. Transfers will be arranged for the Social function on Tuesday night. Congress delegates and attendees will need to make their own way between their accommodation and the Convention Centre.

FLIGHTS: DISCOUNTED WITH SOUTH AFRICAN AIRWAYS (SAA)

SAA is committed to provide delegates attending the World Congress 2016 a discount offering ranging from 5 – 18% per point of sale, off its lowest published airfares on the services of SAA subject to the relevant class availability for international and regional market related airfares. This will exclude all SAA code share flights as well as the domestic routes serviced by either SA Express or South African Airlink. These airfares will only be applicable for travel 14 days prior and/or after the official event dates.

South African Airways looks forward to welcoming all World Congress 2016 delegates on board our flights and to offer our warm South African hospitality!

YOU CAN TAKE ADVANTAGE OF THIS OFFER IN ONE OF TWO WAYS:

1. Log on to www.flysaa.com to book your reservation and secure your SAA ticket. Simply enter the conference Promo Code: COMOC2016 to receive the discounted conference fares.

   Note: To see your discounted rate be sure to include the promo code in your search requirements. Prices will not show the discount until your flight is chosen and you click “continue”. The price will then update your SAA discount.

2. Reserve your flights directly with South African Airways. Simply call your local SAA Offices, Call Centre, and City Town Office and refer to the WORLD CONGRESS 2016 authorisation code of: SA10112 to ensure the discounted event fares.

   Please note the following:
   1. Fare discounts will be determined by the origin of travel, flight schedule, and whether travelling Business or Economy class.
   2. To benefit from these discounted rates, please use the reference number: SA10112.

TRAVELLING TO SOUTH AFRICA WITH CHILDREN AND REQUIREMENTS NEEDED TO ENTRY SOUTH AFRICA

A) What do the regulations say about parents travelling with children?
Regulation 6 (12)(a):
Where parents are travelling with a child, such parents must produce an unabridged birth certificate of the child reflecting the particulars of the parents of the child.

1. What is an unabridged birth certificate?
It is a birth certificate reflecting the particulars of both parents.

2. Is this applicable to all children?
Yes, the South African regulations regards a child as any person under the age of 18 years. It is applicable to all nationalities departing from and arriving in South Africa. It is not required for passengers remaining in transit, unless s/he requires a transit visa. The unabridged certificate should be submitted during the transit visa application process and both the certificate and visa should be carried on person whilst travelling.
3. What about unabridged birth certificates or other documents that are not issued in English?
All documents issued in a language other than English should be accompanied by a sworn translation issued by a competent authority in the country concerned.

4. What about countries that do not issue unabridged birth certificates?
In the case of foreign countries that do not issue unabridged birth certificates, a letter to this effect issued by the competent authority of the foreign country should be produced.

5. Must I travel with the original document?
A copy is sufficient as per the regulations. It must be certified as a true copy of the original by a Commissioner of Oaths (or the equivalent, should Commissioners of Oaths not be a practice in the country concerned).

B) What do the regulations say about children travelling with one parent?

Regulation 6 (12)(b):
In the case of one parent travelling with a child, he or she must produce an unabridged birth certificate and:

1. Consent, in the form of an affidavit from the other parent registered as a parent on the birth certificate of the child, authorizing him or her to enter into or depart from the Republic of South Africa with the child he or she is travelling with;

2. A court order granting full parental responsibilities and rights or legal guardianship in respect of the child, if he or she is the parent or legal guardian of the child; or

3. Where applicable, a death certificate of the other parent registered as a parent of the child on the birth certificate, provided that the Director-General may, where the parents of the child are both deceased and the child is travelling with a relative or another person related to him or her his or her parents, approve such a person to enter or depart the Republic with such a child.

6. What is the time line for the affidavit?
The affidavit must be no older than 3 months, dating from the time of travel.

7. My country does not issue affidavits. Which alternative do I have?
A document with the parents’ name and surname, physical address, telephone and cell phone numbers would be sufficient. A letter from the Government of the country concerned confirming non-issuance of affidavits must be included. Through the nearest South African diplomatic or consular representative abroad.
Q: Why are the laws changing? A: To curb child trafficking across South African borders

CHILD + BOTH PARENTS
Documents required:
- unabridged birth certificate
- valid passport

CHILD + 1 PARENT
Documents required:
- affidavit granting permission to travel from absent parent
- and/or court order giving travel parent full responsibility
- legally separated parents provide a court order when other parent does not give consent
- death certificate if one parent is deceased

Unabridged Birth Certificate, Visa (if required) & Valid Passport

Child + 1 Guardian only
Documents required:
- affidavit from the parents or legal guardian to state child is allowed to travel – name guardian
- contact details of the parents or legal guardian
- copies of the identity documents and passports of the parents or legal guardian
- if both parents deceased: Director-General must approve guardian to accompany child
- if adopted provide adoption certificate

Child Unaccompanied
Documents required:
- affidavit or court order with contact details signed by both parents or legal guardian giving permission to travel
- contact details, certified copies of the identity document or passport of the person the child is staying with (necessary if person receiving child not same as person child is staying with)
- letter from the person receiving the child (to include contact details and physical address)

Supporting documents must be no more than 3 months old original or certified

Certificates NOT in English
must be translated into English by official entity in country of origin

Compulsory when submitting all other documents for travelling with children under 18

For more information, contact:
South African Home Affairs
www.dha.gov.za
+27 11 461 9252 (International)
0800 60 11 90 (Local)
csc@dha.gov.za

Contact Cape Tourism on:
+27 (0)86 132 2223
info@capetown.travel
@CapeTownTourism

Cape Town Tourism makes every reasonable effort to ensure that all information provided in this Travel Infographic (“Infographic”) is current and accurate at the date of publication (24 May 2015), but it makes no representations, warranties or guarantees whatsoever about the accuracy, reliability, completeness, availability, or accessibility of the information in or linked to or accessible from this Infographic.
ACCOMMODATION

Please see website www.COMOC2016.org. The necessary booking forms for the different hotels will be available on the COMOC2016 website.

Please note: You may find a better rate by going online. These rates will be subject to different terms & conditions. Group rates have been arranged at the following hotels:

- The Westin Cape Town (walking distance)
- Protea Hotel North Wharf (walking distance)
- Protea Hotel Breakwater Lodge (10 minutes by car)
- Southern Sun - The Cullinan (walking distance)
- Southern Sun - Waterfront (walking distance)
- Harbour Bridge and Suites (walking distance)
THE WESTIN CAPE TOWN
(WALKING DISTANCE)
BOOKING CODE: 402983
Group Negotiated Rates are valid until 11/03/2016

Contact Debbie Halvorsen
Email Debbie.Halvorsen@westin.com
Tel: +27 21 412 9999
Website http://www.starwoodhotels.com/

PROTEA HOTEL NORTH WHARF
(WALKING DISTANCE)
BOOKING CODE: COMOC
Group negotiated rates are valid until 18/03/2016

Contact: Crystal Stanley
Email groups@phnorthwharf.co.za
Tel: +27 21 - 443 4600
Website www.proteahotels.com/northwharf

PROTEA HOTEL BREAKWATER LODGE
(10 MINUTES BY CAR)
BOOKING CODE: 10860

Contact Gerhard Koegelenberg
Email gerhard@bwl.co.za
Tel: +27 21 406 1061
Website www.proteahotels.com/breakwaterlodge

SOUTHERN SUN - THE CULLINAN
(WALKING DISTANCE)
BOOKING CODE:1354711

Contact Larny Daniels
Email Larny.Daniels@tsogosun.com
Tel: +27 21 492 0404
Website http://www.tsogosunhotels.com/

SOUTHERN SUN - WATERFRONT
(WALKING DISTANCE)
BOOKING CODE: 1354719

Contact Larny Daniels
Email Larny.Daniels@tsogosun.com
Tel: +27 21 492 0404
Website http://www.tsogosunhotels.com/

HARBOUR BRIDGE AND SUITES
(WALKING DISTANCE)
BOOKING CODE: 164200

Contact Shavonne Coetzer
Email roomsdiv@harbourbridgehotel.co.za
Tel: 021 431 9202
Website: http://www.harbourbridgehotel.co.za/
BUDGET ACCOMMODATION

PARK INN BY RADDISON HOTEL (7 MINS WALKING DISTANCE)
BOOKING CODE: 872221
Contact: Tatenda Tiripano
Email: tatenda.tiripano@rezidorparkinn.com
Tel: +27 21 427 4800
Website: parkinn.com/hotel-capetown

NEW TULBAGH HOTEL (5 MINUTE WALK - RYK TULBAGH SQUARE)
BOOKING CODE: TNTH – ICE2016
Contact: Ewald Fendler
Email: reservations@newtulbaghotel.com
Tel: +27 21 418 5161
Website: www.newtulbaghotel.com

CAPETONIAN (3 MINUTE WALK - ACROSS THE ROAD FROM CTICC)
BOOKING CODE: # 38065
Contact: Roslyn Pillay
Email: rayacro3@mweb.co.za
Tel: +27 21 4055602
Website: www.raya-hotels.com

HOLLOW ON THE SQUARE (5 MINUTE WALK - RYK TULBAGH SQUARE)
BOOKING CODE: 140950
Contact: Zolisa Dikana
Email: reservations@hollowonthesquare.co.za
Tel: +27 21 421 5140
Website: www.hollowonthesquare.co.za

Budget Accommodation

11-15 APRIL 2016 CAPE TOWN INTERNATIONAL CONVENTION CENTRE (CTICC) SOUTH AFRICA www.comoc2016.org
GENERAL INFORMATION

Transport from the airport to CTICC and hotels:

BY CAR:
It is approximately 30 minutes from the Cape Town airport, depending on traffic and time of the day.

SHUTTLE SERVICES
African Eagle Day Tours & Transfers will have a desk at the CTICC and are COMOC’s preferred tour provider.
www.daytours.co.za
+27 464 4266
bookings@aepct.co.za
Further information is available on www.comoc2016.org

CITI HOPPER
Direct Tel: +27 (0)21 936 3460/1
Cape Town International Airport
Bookings: +27 (0) 21 936 3460
Fax: +27 (0) 21 934 8282
Email: bookings@citihopper.co.za
24hrs: +27 (0) 82 773 7678
Head Office Tel: +27 (0) 21 936 3462
Fax: +27 (0) 21 934 1773
Website: www.citihopper.co.za
Online Bookings: http://www.citihopper.co.za/booking.php

RIKKI’S TAXI SERVICE
Tel: 0861 745 547 / 021 447 3559
Email: bookings@rikkis.co.za

Transport Services:
Cape Town Water Taxi Services

CITY SIGHTSEEING CANAL TAXI
www.citysightseeing.co.za
All delegates registered for the congress will receive multiple trips on the City Sightseeing Canal Boats between 11 and 15 April; operating between the CTICC, and the One and only hotel in the V&A Waterfront, with stops at the Harbour’s Edge Hotel and the City Lodge hotel.

MY CITI BUS SERVICE
This is a public bus service in Cape Town
The MyCiTi airport-to-city service runs between the newly completed Cape Town International Airport and the Civic Centre bus stations via the N2 and Eastern Boulevard. This service will operate between 20 and 24 hours a day at a cost of R57,00 one way. It will depart every six to 30 minutes, depending on demand. The MyCiTi inner-city bus service provides convenient transport to hotels, accommodation nodes, restaurants, entertainment areas, parking areas, and places of interest.

Each journey costs R10,00 and buses depart every 10 to 30 minutes and operate between 20 and 24 hours a day. Website - http://mycitil.org.za/en/home/

BY BUS:
The new Integrated Rapid Transit (IRT) System offers international visitors a scheduled bus service between the city centre, the airport, and select suburbs in Cape Town. By consolidating existing rail, bus, minibus and metered taxi services, the IRT will provide an efficient and robust transport network. The first phase of transformative development will focus on offering a safe high-quality bus-based (Bus Rapid Transit) system that delivers fast, comfortable, and cost effective urban mobility in the city centre with competitive prices. CCTV surveillance cameras and security personnel are available to ensure commuter’s safety and security is prioritised.

Infrastructure is wheelchair friendly. A staggered development will see the completion of the network in 2018, an initiative that will dramatically improve customer experience.

SOME CAR HIRE COMPANIES AVAILABLE IN CAPE TOWN
Avis
www.avis.co.za
Central reservations 0861 02 1111 or Tel +27 (0) 21 927 8800 or email reservations@avis.co.za

Budget
Reservations or Enquiries
Telephone (24 hours): 086 101 66 22
Telephone (24 hours): +27 (0) 21 927 2750
E-mail: reservations@budget.co.za

Europcar
www.europcar.co.za
24hr call centre: 0861 131 000
Tel: +27 (0) 21 935 8600

Tempest
www.tempestcarhire.co.za
Tel: +27 (0) 21 935-8650 or on 0861 TEMPEST for SA residents
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Victoria & Alfred Waterfront
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Robben Island
Cape Agulhas - southernmost tip of Africa
Cape Point Nature Reserve
The Whale Coast (Hermanus)
The Cape Winelands
The Garden Route
The West Coast’s wild flowers & fishing villages (Yzerfontein and Paternoster)

WEBSITE

Please see website for further info on the congress - www.COMOC2016.org

We look forward to seeing you in Cape Town for the Combined Congress in 2016.

Prof Gert Vlok
Congress Chairman COMOC 2016
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