13TH MEETING OF THE COMBINED ORTHOPAEDIC ASSOCIATIONS

CAPE TOWN 2016
13th Combined Meeting

11 - 15 APRIL 2016
www.comoc2016.org
CAPE TOWN INTERNATIONAL CONVENTION CENTRE (CTICC) SOUTH AFRICA
Mako™ Heritage
• 8+ yrs of robotic-arm experience; 3rd generation robotic-arm platform with multiple generations of knee & hip applications.
  ○ More than 300 U.S. and foreign patents and patent applications.
  ○ 200+ systems worldwide\(^1\), with continuing expansion in 15 countries.
  ○ Platform technology with Uni, Patellofemoral and Bicompartmental Knee, and Total Hip.
• Acquired by Stryker in December 2013, with a goal of transforming orthopaedics, combining Stryker’s market-leading implants with Mako’s proprietary robotic-arm technology.
• Robust pipeline in development, including cementless uni & TKA application\(^2\).

Robotic-Arm Assisted Surgery: Market Leadership with Stryker
• Over 50,000 robotic-arm assisted hip & knee procedures
  ○ 14,000+ in 2014; >700 active surgeon users\(^1\).
  ○ Over 1500 surgeons attended cadaveric and saw bones training courses.
  ○ 17% market share in UKR in 6 years\(^2\).
• Patient specific 3D planning & robotic-arm assisted execution:
  ○ CT derived, patient-specific 3-D modeling enables accurate planning of implant size, orientation and alignment preoperatively\(^3\).
  ○ Real-time intra-operative adjustments allow for more correct knee kinematics and soft-tissue balance prior to resection\(^4\).
  ○ Has been shown to provide excellent accuracy and precision with regard to planned cup position, leg length, and offset\(^5\).
  ○ Allows single stage reaming for the hip\(^6\).

Mako Platform Clinical Success
• Significant primary clinical research conducted on the Mako platform:
  ○ 48 peer reviewed clinical publications.
  ○ 303 scientific abstracts.
  ○ 65+ ongoing studies (including level 1).
• Mako UKA resulted in 1% Revision Rate and 92% Patient Satisfaction at 2 Years\(^7\).
• Mako robotic-arm assisted UKA resulted in lower pain and more accurate implant placement than manual UKA in a randomized control trial\(^8\).
• Mako robotic-arm assisted THA resulted in higher Harris Hip Scores and higher UCLA Activity Scores compared to manual THA at minimum 1-year follow-up\(^9\).
Dear Colleagues,

13th Meeting of the Combined Orthopaedic Associations

The 13th Meeting of the Combined Orthopaedic Associations (COMOC) is scheduled for 11 – 15 April 2016 in Cape Town and planning is well underway. We look forward to welcoming you to the Mother City. The Combined congress is going to be held at the world renowned Cape Town Convention Centre (CTICC), located conveniently at the Waterfront.

Letter from the Chairman

Dear Colleagues,

Time has a habit of catching up with you and we can hardly believe that the COMOC 2016 meeting is less than a year away!

On behalf of the Congress Committee and the SAOA Executive Committee I would like to invite you to the 13th Combined Meeting to be held in Cape Town, South Africa, from 11-15 April 2016.

Cape Town, our Mother City, is one of the world’s most popular tourist destinations. It is famous for its beautiful scenery, hospitality and diverse attractions to make a visit memorable.

This will be a wonderful opportunity to organise a reunion with old friends and travelling companions.

The theme for the meeting is: “Developing Orthopaedics and the Super Specialist”.

The programme and call for abstracts will be available on the website - www.comoc2016.org.

An academic meeting for orthopaedic surgeons is never complete without a lively social programme as well as an entertaining programme for the accompanying persons and partners.


Please save the date as your most important trip for 2016!

We look forward to welcoming you to Cape Town.

Kind Regards,

Prof Gert Vlok
Congress Committee Chairman 2016

Format for Congress – Please Note That This is a 5 Day Congress

Monday 11 April 2016
Full day Congress and opening cocktail function at CTICC in the Exhibition Hall

Tuesday 12 April 2016
Full day Congress and social evening at Gold Restaurant

Wednesday 13 April 2016
Half day Congress and free afternoon and free evening

Thursday 14 April 2016
Full day Congress and gala dinner in the Ballroom at the CTICC

Friday 15 April 2016
Full day Congress with closure at approximately 16h00
13TH MEETING OF THE COMBINED ORTHOPAEDIC ASSOCIATIONS

CONGRESS COMMITTEE/ACADEMIC COMMITTEE

Prof Gert Vlok

Dr P Makan

Prof R Dunn

Dr Adriaan van Zyl

SAOA PRESIDENT 2016

Dr Rob Fraser

ACCOMPANYING PERSONS' COMMITTEE

Trix Vlok

Juanita Makan

Karen van Zyl

ORTHOPAEDIC ADMIN SECRETARIAT

Leana Fourie - CEO

Email: info@saoa.org.za
Tel: +27 51 430 3280
Fax: +27 51 430 3284 or 086 564 7437 (local calls)
Cell: +27 83 391 2715
Postal address: PO Box 12918 Brandhof, 9324 South Africa

CONGRESS SECRETARIAT - ICE SOLUTION

Tel: 0861 ICE 444 (0861 423 444) - local calls only
If international Tel +27 11 911 1921
Fax: +27 11 911 1939
88 1st Street • Parkmore • B123 • Johannesburg • South Africa

Email: tracey@icesolution.co.za or jeanne-marie@icesolution.co.za or mel@icesolution.co.za

www.icesolution.co.za

Cell numbers:
Tracey +27 82 444 0770
Jeanne-Marie +27 76 802 7951
Melanie +27 82 898 6247
Are your patients struggling with osteoarthritis (OA) knee pain?

GIVE YOUR PATIENTS THE RELIEF THEY NEED FROM OA KNEE PAIN

Unique formulation mimics the high molecular weight and elastoviscous properties of healthy, young synovial fluid.1,2

- SYNVISC® provides pain relief3
- SYNVISC® provides potential cartilage preservation4
- SYNVISC® provides delay in time to total knee replacement5


SYNVISC® (Hylan G-F 20) is an elastoviscous fluid containing hylan polymers produced from chicken combs. Hylans are derivatives of hyaluronan (sodium hyaluronate, a natural complex sugar of the glycosaminoglycan family). Hyaluronan is a long-chain polymer containing repeating disaccharide units of sodium glucuronate-N-acetylglucosamine. Each 1 ml contains: Hylan 8.0 mg, sodium chloride, disodium hydrogen phosphate, sodium dihydrogen phosphate hydrate, sterile water for injection. Reg. No.: 31/3.2/0397. SYNVISC ONE® Injection. Each 1 ml contains 8 mg Hylan G-F 20 as active ingredient. Hylan G-F 20 consists of 6.4 mg Hylan A and 1.6 mg Hylan B. Synvisc One also contains disodium hydrogen phosphate, sodium chloride, sodium dihydrogen phosphate monohydrate and sterile water for injection. Reg. No.: 45/3.2/0025.

CONGRESS VENUE

The Congress will be held at The Cape Town International Convention Centre, Cape Town, South Africa.

Lindsay Marthinus - Event Executive
Tel: +27 21 410 5000 | fax: +27 21 410 5001
Convention Square, 1 Lower Long Street, Cape Town, 8001, South Africa
Visit our world class facility at www.cticc.co.za

CALL FOR ORAL PAPERS AND POSTERS

Our Theme for the COMCO2016 Congress is: “Developing Orthopaedics and the Super Specialists”

Members, Non Members, Specialty Societies/ Instructional Course Lectures, Exhibitor/Industry Satellite Sessions are reminded that papers for this congress are now requested.

If you would like to be part of the academic programme for this exciting event then please submit abstracts of no more than 400 words, indicating if you would like to deliver an Oral Paper or a Poster to the link provided on the COMOC2016 website. Please note that Specialty Societies /ICL, Oral Papers will not be marked by the COMOC2016 but we do require abstracts to be submitted for populating the Academic programme. If this is the case please indicate on the online abstract submission that you are part of a Specialty Societies. On this note all Oral Papers & Poster will be marked by the COMOC2016 Committee in South Africa.

Papers can be submitted online on www.comoc2016.org
The opening date for submissions is 8th June 2015.

Please note that the final deadline for abstract submission is 15th October 2015.

Abstracts received after this date will not be considered.
Notification of approved abstracts will be sent out at the end of November 2015.

Delegates of approved abstracts submissions will have the opportunity to modify submissions until 31 Jan 2016.
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<tr>
<th>Time</th>
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<td>08h00 - 09h00</td>
<td>Opening Ceremony and Welcome</td>
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<td>09h00 - 09h30</td>
<td>Plenary: OA: Initiatives</td>
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<td>09h30 - 10h00</td>
<td>Plenary: Certification and Competency</td>
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<td>Australian Orthopaedic Association Symposium: Computer Navigation in Orthopaedic Surgery</td>
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<td>New Zealand OA Symposium: Clinical Prioritisation of Elective Orthopaedic Surgery</td>
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<td>New Zealand OA Symposium: Orthopaedic Practice in a No Fault Accident Compensation Environment</td>
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**Plenary Lecture New Zealand OA**

**Plenary Lecture Australian OA Initiatives in Orthopaedic Education and Training - Ian Incol**
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Programme subject to change.
SOCIAL PROGRAMME

MONDAY

OPENING COCKTAIL FUNCTION – this will be held on Monday 11 April 2016 at the CTICC in the Trade Hall.

TUESDAY

SOCIAL EVENING – this will be held on Tuesday 12 April 2016 – GOLD restaurant (African and Cape Malay restaurant) This is a casual evening with great food, great entertainment and the time to enjoy lots of catching up with friends and colleagues. The dinner at Gold will be served in a cocktail style from cocktail tables and bar chairs. The Set menu served is an interactive dining style on platters and in small bowls to the tables with roving service in cocktail/lounge areas.

www.goldrestaurant.co.za/

WEDNESDAY

FREE EVENING ON WEDNESDAY 13TH APRIL 2016
ABC FELLOW DINNER – BY INVITATION ONLY

THURSDAY

CONGRESS BANQUET – this will be held on Thursday 14 April 2016 at the CTICC – in the traditional style of the congress, this promises again to be an elegant evening – don’t miss it! Space is limited so please book timeously.

FRIDAY

CONGRESS CLOSES APPROX. 16H00.
LEISURE ACTIVITIES ON WEDNESDAY 13TH APRIL 2016

GOLF

The official leisure activity of the Congress is the Golf, which will be held on Wednesday 13 April 2016 at the Atlantic Beach Golf Club.

www.atlanticbeachgolfclub.co.za

FRANSCHHOEK MOTOR MUSEUM & WINE TASTING AT ANTHONIJ RUPERT WYNE

Visit to Franschoek Motor Museum (www.fmm.co.za), followed with wine tasting at Terra del Cape Tasting room or Anthonij Rupert Wyne (www.rupertwines.com)

Spend a leisurely afternoon on the World class Anthonij Rupert Estate in Franschhoek. Your visit includes an Italian cheese and wine tasting, a mini- High tea experience set in the historic manor house, a scenic tram drive taking in spectacular views from the Franschhoek wine valley, and a visit to the Franschhoek Motor Museum were 80 cars spanning motoring history over the last 100 years is on display.

TRAVEL AND ACCOMMODATION

FLIGHTS: DISCOUNTED WITH SOUTH AFRICAN AIRWAYS (SAA)

SAA is committed to provide delegates attending the World Congress 2016 a discount offering ranging from 5 – 18% per point of sale, off its lowest published airfares on the services of SAA subject to the relevant class availability for international and regional market related airfares. This will exclude all SAA code share flights as well as the domestic routes serviced by either SA Express or South African Airlink. These airfares will only be applicable for travel 14 days prior and/or after the official event dates.

South African Airways looks forward to welcoming all World Congress 2016 delegates on board our flights and to offer our warm South African hospitality!

YOU CAN TAKE ADVANTAGE OF THIS OFFER IN ONE OF TWO WAYS:

1. Log on to www.flysaa.com to book your reservation and secure your SAA ticket. Simply enter the conference Promo Code: COMOC2016 to receive the discounted conference fares.

Note: To see your discounted rate be sure to include the promo code in your search requirements. Prices will not show the discount until your flight is chosen and you click “continue”. The price will then update your SAA discount.

2. Reserve your flights directly with South African Airways. Simply call your local SAA Offices, Call Centre, and City Town Office and refer to the WORLD CONGRESS 2016 authorisation code of: SA10112 to ensure the discounted event fares.

Please note the following:

1. Fare discounts will be determined by the origin of travel, flight schedule, and whether travelling Business or Economy class.

2. To benefit from these discounted rates, please use the reference number: SA10112.
3. Bookings can also be made through SAA Offices, City Town Offices, and Call Centre to access the discounted airfares.
4. Travel must take place between: 01 April – 29 April 2016.

How to redeem your voyager miles:
If you want to become part of the WORLD CONGRESS 2016 in Cape Town, and are a Voyager member, why not make use of your Voyager Miles to book your ticket now. To make a booking using your Voyager Miles please logon onto https://www.flysaa.com/za/en/voyagerLogin.secured using your membership number and PIN to make your way to the event.

TRANSFERS
Transfers will be provided for the Accompanying Persons’ Programme outings.
Transfers will be provided for the Golf and Leisure Activity on Wednesday.
Transfers will be arranged for the Social function on Tuesday night.
Congress delegates and attendees will need to make their own way between their accommodation and the Convention Centre.

ACCOMMODATION
Please see website www.COMOC2016.org. The necessary booking forms for the different hotels will be available on the COMOC2016 website.

Please note: You may find a better rate by going online. These rates will be subject to different terms & conditions Group rates have been arranged at the following hotels:

- The Westin Cape Town (walking distance)
- Protea Hotel North Wharf (walking distance)
- Protea Hotel Breakwater Lodge (10 minutes by car)
- Southern Sun - The Cullinan (walking distance)
- Southern Sun - Waterfront (walking distance)
- Harbour Bridge and Suites (walking distance)
THE WESTIN CAPE TOWN (WALKING DISTANCE)
BOOKING CODE: 402983
Group Negotiated Rates are valid until 11/03/2016

Contact Debbie Halvorsen
Email Debbie.Halvorsen@westin.com
Tel: +27 21 412 9999
Website http://www.starwoodhotels.com/

PROTEA HOTEL NORTH WHARF (WALKING DISTANCE)
BOOKING CODE: COMOC
Group negotiated rates are valid until 18/03/2016

Contact: Crystal Stanley
Email groups@phnorthwharf.co.za
Tel: +27 21 - 443 4600
Website http://www.tsogosunhotels.com/

PROTEA HOTEL BREAKWATER LODGE (10 MINUTES BY CAR)
BOOKING CODE: 10860

Contact Gerhard Koegelenberg
Email gerhard@bwl.co.za
Tel: +27 21 406 1061
Website http://www.tsogosunhotels.com/

SOUTHERN SUN - THE CULLINAN (WALKING DISTANCE)
BOOKING CODE:1354711

SOUTHERN SUN - WATERFRONT (WALKING DISTANCE)
BOOKING CODE: 1354719

HARBOUR BRIDGE AND SUITES (WALKING DISTANCE)
BOOKING CODE: 164200

Contact Shavonne Coetzer
Email roomsdiv@harbourbridgehotel.co.za
Tel: 021 431 9202
Website: http://www.harbourbridgehotel.co.za/
BUDGET ACCOMMODATION

PARK INN BY RADDISON HOTEL (7 MINS WALKING DISTANCE)
BOOKING CODE: 872221

Contact: Tatenda Tiripano
Email: tatenda.tiripano@rezidorparkinn.com
Tel: +27 21 427 4800
Website: parkinn.com/hotel-capetown

NEW TULBAGH HOTEL (5 MINUTE WALK - RYK TULBAGH SQUARE)
BOOKING CODE: TNTH – ICE2016

Contact: Ewald Fendler
Email: reservations@newtulbaghhotel.com
Tel: +27 21 418 5161
Website: www.newtulbaghhotel.com

CAPETONIAN (3 MINUTE WALK (ACROSS THE ROAD FROM CTICC))
BOOKING CODE: # 38065

Contact: Roslyn Pillay
Email: rayacro3@mweb.co.za
Tel: +27 21 405 5602
Website: www.raya-hotels.com

HOLLOW ON THE SQUARE (5 MINUTE WALK (RYK TULBAGH SQUARE))
BOOKING CODE: 140950

Contact: Zolisa Dikana
Email: reservations@hollowonthesquare.co.za
Tel: +27 21 421 5140
Website: www.hollowonthesquare.co.za
ACCOMPANYING PERSONS’ PROGRAMME

We have some exciting and interesting excursions on offer for the Accompanying persons - Cape Town has something for everyone. Provisional programme included below:
Detailed information available on www.COMOC2016.org

MONDAY  11TH APRIL 2016

Kirstenbosch Gardens - including breakfast and guided walk through the gardens
Cost: R420.00 per person. Additional beverages for own account)
OR
Visit to Darling including beer and olive tasting with lunch at Groote Post Wine Estate - lunch at Groote Post.
Cost: R675.00 per person. Lunch beverages for your own account.
OR
Lindt Demonstration – the art of Truffle making
Cost: R735.00 per person

TUESDAY 12TH APRIL 2016

The Food Barn in Noordhoek - food demonstration by famous chef Franck Dangerieux with lunch
www.thefoodbarn.co.za
Cost: R975.00 per person. Additional beverages for own account.
OR
The Heart of Cape Town Museum Tour
www.heartofcapetown.co.za
Cost: R 360.00 per person

WEDNESDAY 13TH APRIL 2016

Visit the Franschoek Motor Museum with wine tasting at Terra del Cape Tasting room or Anthonij Rupert Wyne
Cost: R 350.00 per person
OR
Golf at Atlantic Beach Golf Club
Cost: R 840.00 per person

THURSDAY  14TH APRIL 2016

Cape Point - via Boulders Beach and lunch at 2 Oceans Restaurant and a walk to Cape of Good Hope.
Cost: R 700.00 per person
OR
Spa day at Mangwanani Zevenwacht which is set in one of the country’s idyllic locations on the Zevenwacht Wine Estate, on the Stellenbosch wine route
Cost: R1340.00 per person
GENERAL INFORMATION

Transport from the airport to CTICC and hotels:

BY CAR:
It is approximately 30 minutes from the Cape Town airport, depending on traffic and time of the day.

SHUTTLE SERVICES
African Eagle Day Tours & Transfers will have a desk at the CTICC and are COMOC’s preferred tour provider.
www.daytours.co.za
+27 464 4266
bookings@aepct.co.za
Further information is available on www.comoc2016.org

CITI HOPPER
Direct Tel: +27 (0)21 936 3460/1
Cape Town International Airport
Bookings: +27 (0) 21 936 3460
Fax: +27 (0) 21 934 8282
Email: bookings@citihopper.co.za
24hrs: +27 (0) 82 773 7678
Head Office Tel: +27 (0) 21 936 3462
Fax: +27 (0) 21 934 1773
Website: www.citihopper.co.za
Online Bookings: http://www.citihopper.co.za/booking.php

RIKKI’S TAXI SERVICE
Tel: 0861 745 547 / 021 447 3559
Email: bookings@rikkis.co.za

Transport Services:
Cape Town Water Taxi Services

CITY SIGHTSEEING CANAL TAXI
www.citysightseeing.co.za
All delegates registered for the congress will receive multiple trips on the City Sightseeing Canal Boats between 11 and 15 April; operating between the CTICC, and the One and only hotel in the V&A Waterfront, with stops at the Harbour’s Edge Hotel and the City Lodge hotel.

MY CITI BUS SERVICE
This is a public bus service in Cape Town
The MyCiti airport-to-city service runs between the newly completed Cape Town International Airport and the Civic Centre bus stations via the N2 and Eastern Boulevard. This service will operate between 20 and 24 hours a day at a cost of R57,00 one way. It will depart every six to 30 minutes, depending on demand. The MyCiti inner-city bus service provides convenient transport to hotels, accommodation nodes, restaurants, entertainment areas, parking areas, and places of interest.

Each journey costs R10,00 and buses depart every 10 to 30 minutes and operate between 20 and 24 hours a day. Website - http://myciti.org.za/en/home/

BY BUS:
The new Integrated Rapid Transit (IRT) System offers international visitors a scheduled bus service between the city centre, the airport, and select suburbs in Cape Town. By consolidating existing rail, bus, minibus and metered taxi services, the IRT will provide an efficient and robust transport network. The first phase of transformative development will focus on offering a safe high-quality bus-based (Bus Rapid Transit) system that delivers fast, comfortable, and cost effective urban mobility in the city centre with competitive prices. CCTV surveillance cameras and security personnel are available to ensure commuter’s safety and security is prioritised.

Infrastructure is wheelchair friendly. A staggered development will see the completion of the network in 2018, an initiative that will dramatically improve customer experience.

SOME CAR HIRE COMPANIES AVAILABLE IN CAPE TOWN
Avis
www.avis.co.za
Central reservations 0861 02 1111 or Tel +27 (0) 21 927 8800 or email reservations@avis.co.za

Budget
Reservations or Enquiries
Telephone (24 hours): 086 101 66 22
Telephone (24 hours): +27 (0) 21 927 2750
E-mail: reservations@budget.co.za

Europcar
www.europcar.co.za
24hr call centre: 0861 131 000
Tel: +27 (0) 21 935 8600

Tempest
www.tempestcarhire.co.za
Tel: +27 (0) 21 935-8650 or on 0861TEmPEST for SA residents
LEISURE ACTIVITIES/THINGS TO DO IN CAPE TOWN AND SURROUNDS
Visit African Day Tours for more details and prices- www.daytours.co.za

Table Mountain Cable Way and hiking
Hop on hop off City Tour (Red bus)
Township tours
Aquila Game reserve Wildlife safari
Victoria & Alfred Waterfront
Kirstenbosch National Botanical Gardens
Robben Island

Cape Agulhas - southernmost tip of Africa!
Cape Point Nature Reserve
The Whale Coast (Hermanus)
The Cape Winelands
The Garden Route
The West Coast’s wild flowers & fishing villages (Yzerfontein and Paternoster)

WEBSITE
Please see website for further info on the congress - www.COMOC2016.org

We look forward to seeing you in Cape Town for the Combined Congress in 2016.

Prof Gert Vlok
Congress Chairman COMOC 2016
www.saoa.org.za