



## July 2018 Spotlight on Employee Assistance

### CEAP contributes EAP focused chapter to new medical family therapy textbook

Calvin Paries, Dr,PH, LMFT, CEAP wrote "*Medical Family Therapy in Employee Assistance Programs*" for a new textbook, "*Clinical Methods in Medical Family Therapy*." You can link directly to his chapter here:

[https://link.springer.com/chapter/10.1007%2F978-3-319-68834-3\\_17](https://link.springer.com/chapter/10.1007%2F978-3-319-68834-3_17)

### 2018 EAP Conference and EXPO

Conference registration is now open and attractive early bird pricing is available. EAPA encourages everyone to reserve their hotel rooms as soon as possible – the EAPA discounted rooms sell out every year. Don't miss out on the fun, convenience and excitement of staying in the conference hotel! The gorgeous Hilton Minneapolis was completely renovated for the February 2018 Super Bowl. For more info, visit

<http://www.eapassn.org/EAPA-2018>

### Morneau Shepell to Purchase LifeWorks

On July 9, Morneau Shepell announced they are entering into a definitive agreement to acquire all the outstanding shares of LifeWorks Corporation Ltd. The transaction is subject to customary conditions and is expected to close in late July 2018. "This acquisition is aligned with Morneau Shepell's global growth strategy as well as our focus on technology innovations to create added value for our clients and their employees," said Stephen Liptrap, President and Chief Executive Officer of Morneau Shepell.

Read more here <https://finance.yahoo.com/news/morneau-shepell-announces-intent-acquire-194700756.html>

### Last chance to become a member of the EAPA Board of Directors

August 7 is the deadline to nominate yourself or someone you know for one of the following positions on the EAPA Board of Directors:

- President Elect
- Secretary-Treasurer
- Seven (7) At-Large Directors. Per EAPA bylaws at least one At-Large Director must be from organized labor, and at least one At-Large Director must be a non-U.S. member.

Directors serve a three year period and have all their expenses paid to attend the annual EAPA Conference and EXPO during their term of service. For more information, visit <http://www.eapassn.org/BoardElect18>

### **Empathia Launches New Website**

Empathia, a Global Employee Assistance Program and Crisis Management Services, based in Waukesha, Wis., and Agoura Hills, Calif., has launched a new website. Check out <https://www.empathia.com>

### **Making the Case for EAP Return on Investment**

EAPA has published the 2018 update of its comprehensive Annotated Bibliography of EAP Statistics and Research Articles. The bibliography, which includes hundreds of EAP-related research articles published in the U.S. and other countries from 2000 through June 2018, is a unique EAPA members only benefit (requires login). Articles in the bibliography address EAP return-on-investment studies, program effectiveness research, and other important topics. You can find the bibliography here <http://www.eapassn.org/EAPresearch>

### **New eBook "*Employee Assistance and Addiction: How EAPs Can Guide Recovery*"**

Roots Through Recovery just released their latest eBook, free to download here <https://roots-recovery.com/ebooks/employee-assistance-and-addiction-how-eaps-can-guide-recovery/>. The eBook was designed as an educational and training tool for EAP and Human Resource professionals, as well as employees and family members.

## **EA Professional Spotlight**

### **Name and Position**

Dorothy Blum, PhD, CEAP,  
Employee Assistance Program Manager for the Architect of the Capitol (AOC),  
Washington, DC

### **What do you like best about working in employee assistance?**

I enjoy the connection to the workplace, and the workplace setting. I particularly like assisting work organizations in maintaining and improving the productivity, safety and well-being of their employees. I also greatly enjoy my active membership in the Employee Assistance Professionals Association. \*

### **What was your first job in employee assistance?**

Before coming to the AOC, I served as EAP Director for the U.S. Customs and Border Protection Nationwide Employee Assistance Program (formerly the U.S. Customs Service) for over 22 years. Proudly, under my leadership, our dedicated EAP staff provided services to the law enforcement agency based on EAP Core Technology, which included post critical incident stress response.

We received the Commissioner of the US Customs Special Recognition Award for “*exemplary service and tireless, compassionate, and professional support following the tragic events of September 11, 2001*”, and were again recognized for “*outstanding dedication, hard work and contributions in support of the Forward Deployed Operations Command Center missions in response to Hurricane Katrina relief efforts in the Gulf Coast*” in 2005.

### **What is the most challenging part of your job?**

The most challenging part of my career in EAP is continuing to define, demonstrate, and carry out our profession in a way that distinguishes it from other professions with similar scope.

### **What inspires you?**

Throughout my career I am inspired by :

- 1) The work itself, recognizing the challenges as opportunities and seeing the difference EAP makes;
- 2) My EAPA colleagues who I see as my mentors, heroes, and friends;
- 3) EAPA for energizing events, activities and opportunities to contribute to the greater good and growth of our profession, and
- 4) The annual EAPA Conference and EXPO, and monthly chapter meetings, which provide professional development via robust scholarly presentations, opportunities to stay informed and current, a forum to learn/debate/argue/gain ideas about EAP delivery in the world of work and health (cutting edge, progressive while maintaining the core), and renewing professional relationships as well as meeting new colleagues.

*\* At the EAPA 2018 Conference and EXPO in Minneapolis, Dotty Blum will receive the Lifetime Achievement Award, which honors an EAPA member who has made a significant contribution to EAPA and the EA profession over an extended period of time.*