



October 2018 Spotlight on Employee Assistance

Information for attendees of the 2018 EAP Conference and EXPO

Attendees are reminded that in order to get CEs, PDHs and other credit, they must complete an evaluation for every session attended. The link for all evaluations can be found here: <https://www.surveymonkey.com/r/EAPA2018eval>. Additionally, please complete the overall conference evaluation here: <https://www.surveymonkey.com/r/EAPA2018Overall>.

Resource for EAP clients denied access to mental health and addiction treatment

Do any of your EAP clients struggle to get coverage for mental health and/or addiction challenges? Don't Deny Me <https://www.parityregistry.org/dont-deny-me> helps clients advocate for their right to treatment under the Federal Parity Law.

2018 EAP Conference and EXPO slide show posted for viewing

The ever-popular annual conference slide show can be seen here: <https://www.youtube.com/watch?v=gaz1UGy6FL0>.

Dr. Dale Masi received the “*Ad Laudem Dei*” Medal

On October 20th, 2018, in Riverdale NYC at the College of Mount St. Vincent, Dale Masi was awarded the *Ad Laudem Medal*. The President of the College, Charles Flynn, explained the medal is “*given in recognition for professional achievements of national significance and illustrates that service is not a supplemental activity but rather an approach to the responsibilities of work.*” The award is given for extraordinary achievement in Humanities, Religion and Education.

Threat to EAPs

A big threat to EAPs are mental health apps and platforms that are selling directly to employers. They are less expensive than EAPs, and over promise spectacular results. They also use slick marketing techniques and state of the art tech - which most EAPs lack. And they are usually headed - and started - by technologists - not clinicians. Read more here <http://www.iwebu.info/2018/10/web-secret-541-bypassing-eaps.html>

Video: 2018 Conference and EXPO attendee discusses technology takeaways

R3 Continuum was the video sponsor at the 2018 EAP Conference and EXPO. In this interview, R3 marketing manager Jamie Gassmann interviews attendee Carla Amadore about the technology takeaways from this year's conference. View the video on EAPA's YouTube channel here: https://youtu.be/v_B61-1y1vk

Minimizing Seasonal Affective Disorder (SAD)

Need a simple way to explain SAD to your EAP clients? There is an article that provides a simple description and offers easy tips for alleviating symptoms. Read more here: <https://www.linkedin.com/pulse/three-easy-steps-minimize-seasonal-affective-disorder-esther/>

EAPA LinkedIn Group offers answers to EA questions

The EAPA LinkedIn group now has over 5,600 members! It is closed and moderated, so you need to apply to join – EAPA membership is not required. This is the place to go to find news about our field, network, and even ask questions to be answered by the members of the group. The direct link is <https://www.linkedin.com/groups/94553/>.

Professional Spotlight

Name and Position

Grace Barnhill

Member Services Administrator at the Employee Assistance Professional Association.

Describe your position

As Member Services Administrator, I work directly with all EAPA members and prospective members assisting with membership services and inquiries regarding the association. I also work closely with EAPA Chapters/Branches assisting with monthly chapter reports.

What do you like best about working for EAPA?

Working at EAPA, I get to surround myself with people who have a profound desire to make the world and people around them a better place. The staff at EAPA are some of the most talented people I've had the privilege of working with.

What was your job before working for EAPA and why did you choose to work for the Association?

Previously I was living abroad in Nagano, Japan teaching English to young adults. In college, I majored in Human Services and Psychology and working at EAPA seemed like a great fit to pursue my career in the helping professions.

What is the most challenging part of your job working for EAPA?

The most challenging part is learning all of the different aspects and functions of Employee Assistance and the daily operations of the association.

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What aspect of your job for EAPA inspires you?

Because I get to work directly with our members, I get to see the collaboration of individuals from all ages and backgrounds coming together to use their talents and resources to create positive change in people's lives. I always find a strong sense of inspiration and empowerment from getting to hear and see people's stories both personal.