

Get Moving for a Good Cause

You are invited to participate in the KAFP-Foundation "Let's Move, Kansas" 5K run/1.5 mile walk. Don't forget to invite your family and friends, colleagues and patients. All proceeds go to support the KAFP-Foundation projects. Get moving for a good cause – your health and to help your KAFP-Foundation!

The "Let's Move, Kansas" 5K run and 1.5 mile walk is to promote an active, healthy lifestyle for all Kansans. It benefits the Kansas Academy of Family Physicians-Foundation, whose mission is to promote the philosophy of family medicine, research, and education of Kansas Family Physicians.



What: 5K run/ 1.5 mile walk fundraiser

When: Saturday, October 10, 2015 – 8:30 a.m. 5K run / 9:15 a.m. 1.5 mi. walk

Where: Sedgwick County Park, Wichita, Kan.

Sign-up: <https://runsignup.com/Race/KS/Wichita/LetsMoveKansas> or by calling the KAFP office at 316-721-9005. To sign up a team, click the "Team" tab.

Follow us on Facebook: <https://www.facebook.com/letsmoveks>.

Participants receive an exclusive race t-shirt and goody bag. Division medals will be awarded, with all youth/children finishers receiving a medal. Cash prizes for male and female 5K top runners: 1st (\$125) 2nd (\$75) and 3rd (\$50) place. All fitness levels welcome! This event is designed for the whole family to enjoy, and will include a live DJ!

Thank you to our sponsors!

Presenting sponsor:

- Wichita Nephrology Group, P.A.

- St. Francis Health
- USI Midwest

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- Via Christi Health

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- Wichita Surgical Specialists

Silver sponsors:

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- BlueStem Medical, LLP – Drs. Doug & Shelly Gruenbacher
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- Martin Pringle Law Firm
- Health ICT, an affiliate of the Medical Society of Sedgwick County