

Doctor of Athletic Training (DAT) Program: Setting the Trend as the Nation's First DAT Program



Program Strengths

- Flexibility for the practicing clinician (live anywhere in the country, employed or not). Students may choose their own residency, which is innovative in post-professional athletic training education.
- A network of clinicians committed to improving their clinical practice.
- A cohesive curriculum of didactic (classroom) and clinical coursework emphasizing advanced clinical practice.
- Original, applied clinical research focused on advancing clinical practice.
- Focused residencies within the student's chosen area of clinical practice (setting or specialty).
- Integrating translational research so students become scholarly practitioners who use evidence-based practice to prevent and treat musculoskeletal diseases and disorders.

Points of Distinction

- Building a specialty knowledge base through a mentor-guided residency experience.
- Research areas focused in prevention and rehabilitation of musculoskeletal diseases and disorders.
- Evidence-based practice and clinical innovation through practice-based evidence.
- Interdisciplinary translational research.

The **DAT** degree at the University of Idaho is designed as a terminal degree in Athletic Training, with a focus on improving professional practice by training expert clinicians and research professionals. This flexible, innovative program boasts a hybrid of on-campus and online instruction over a 24-month period. Students gain specialty training, research training, and advanced clinical skills relevant to today's interdisciplinary job market. The 6 semester curriculum is comprised of the most current manual therapy theories and practices, combined with other foundational post-professional athletic training coursework, to improve the DAT student as a clinician, educator, and researcher. The program includes 4 weeks of on-campus instruction each summer, followed by off-campus online coursework and clinical residencies in the fall and spring.

During the fall and spring, didactic coursework is delivered via synchronous and asynchronous distance learning with the goal of advancing each student's clinical practice and research skills. Integrated clinical research experiences will help students become scholarly practitioners who shape the future of healthcare. As part of the program, students develop an understanding of the current theories in prevention, treatment, and rehabilitation, while exploring many current and novel therapies related to musculoskeletal disease and disorders. Students in the DAT will become adept at collecting, analyzing, and utilizing patient outcomes to assess and improve patient care, while also becoming evidence-based clinicians who produce practice-based evidence that informs future clinical practice.

Clinical Residencies

A major strength of the DAT is the design of the individualized residency experience. Students identify a clinical practice setting or specialty area, which is often located at their site employment, to work in during their DAT residency (similar to the medical residencies model). Students also select an attending clinician (i.e., clinical mentor) for the residency site. Residencies will vary for each student according to individual interests. All residencies must be approved by the DAT faculty prior to the start of training.

Original Research

All students will conduct original research in a chosen area of clinical practice. Patient care data will be collected during each student's residency, which will serve as a foundation for much of the student's research during the program. Students will also complete an applied research project focused on improving professional practice as part of their Dissertation of Clinical Practice Improvement (DoCPI).

Curriculum Delivery

The cohort-based DAT curriculum is delivered over 24 months. The curriculum includes 2 four-week summer sessions of on-campus coursework, with the remaining coursework delivered via online learning platforms allowing for synchronous and asynchronous learning. The coursework in the DAT program has three foci: current issues in clinical practice, applied research in athletic training, and clinical residency.

Curriculum and Sequencing

Summer I (on campus)			Fall I (online)			Spring I (online)		
Course	Title	Cr	Course	Title	Cr	Course	Title	Cr
AT 606	Professional and Post-Professional Education in Athletic Training	3	AT 621	Action Research in Athletic Training	3	AT 622	Advanced Action Research in Athletic Training	3
AT 610	Evidence Based Practice in Athletic Training	3	AT 630	Current Issues in Clinical Practice I	3	AT 631	Current Issues in Clinical Practice II	3
AT 620	Research Methods in Athletic Training	3	AT 640	Clinical Residency I	6	AT 641	Clinical Residency II	6
Semester Total		9	Semester Total		12	Semester Total		12
Summer II (on campus)			Fall II (online)			Spring II (online)		
Course	Title	Cr	Course	Title	Cr	Course	Title	Cr
AT 607	Leadership and Mentoring in Athletic Training Clinical Practice	3	AT 624	Quantitative Methods and Statistics	3	AT 625	Dissertation of Clinical Practice Improvement: Analysis and Dissemination of Action Research	3
AT 611	Advanced Evidence-Based Practice in Athletic Training	3	AT 632	Current Issues in Clinical Practice III	3	AT 633	Current Issues in Clinical Practice IV	3
AT 623	Qualitative Methods and Research Design in Athletic Training	3	AT 642	Clinical Residency III	6	AT 643	Clinical Residency IV	6
Semester Total		9	Semester Total		12	Semester Total		12

Target Audience

The DAT program at the University of Idaho is designed for talented athletic trainers who are interested in improving their clinical practice, capabilities as an athletic training educator, and ability to conduct applied clinical research. Minimum requirements include current athletic training certification and licensure in the intended state of practice. Preference for admission will be given to applicants with a 3.0 or higher GPA and a master's degree. Athletic trainers without a master's degree are eligible for admission, but preference is given to those with 3 years of professional experience and 75 CEUs.

Scenic Location

Explore scenic Idaho! With clean air and temperate climate, Moscow, Idaho is the perfect place to study. Enjoy the many bike trails and friendly health-conscious community. Idaho has a unique recreation profile, with a blend of small rural towns and larger urban centers nestled among large wilderness areas and public lands. Use your weekends to raft, canoe, or kayak on one of our many rivers and pristine lakes. Backpacking, golfing, tennis, mountain biking, skiing, snowshoeing, or rock climbing is available in most of our 34 mountain ranges. Enjoy one of our four national, 30 state, or numerous municipal and city parks.

How to Apply

To learn more about the program and how to apply, Email: ui-at@uidaho.edu or call 208-885-7921.
Department of Movement Sciences
www.uidaho.edu/ed/movementsciences/athletic-training

Cost

The DAT program is offered as an inclusive package for ease of planning. Tuition, and most; fees, books, and supplies are included for a total cost around \$20,000 per year. Discounted housing may be available during the summer on-campus components. Students may be employed while enrolled in the AT program and Federal Student Loans, and grants are also available.

DAT Faculty

Dr. Alan Nasypany, Ed.D, ATC, LAT
Director of Athletic Training Education
Clinical Assistant Professor

Dr. Russell Baker, DAT, ATC, LAT
Clinical Assistant Professor

Dr. James May, DAT, ATC, LAT
Clinical Assistant Professor

Dr. Hyung-Pil Jun, Ph.D., ATC, LAT
Assistant Professor

Dr. Lindsay Warren, DAT, ATC, LAT, CSCS
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Dr. Jeffrey Seegmiller, Ed.D, ATC, LAT
Director of WWAMI Medical Education
Associate Professor