

Additional Resources

American Red Cross

The Red Cross offers many services to military Families. Armed Forces Emergency Services can help you reach your family in times of emergency 24/7, 365/year at (877) 272-7337.

www.redcross.org.

Integrated Behavioral Health System

The NCNG Integrated Behavioral Health System (IBHS) is dedicated to helping NCNG Service Members and their Families by assessing for immediate behavioral health needs on a 24/7 basis and offering connection and professional case management services to internal resources as well as federal, state and community (external) resources for both mental health treatment and non-clinical needs such as housing and food.

Stephanie W. Nissen, NCC, LMHC, LPC

Integrated Behavioral Health Programs Director
(855) 322-3848

DEERS/ID Cards

Make sure your address and other pertinent information is updated in DEERS. www.tricare.osd.mil/deers (800) 538-9552. To locate an ID Card Facility, visit:

<http://nc.ng.mil/services/Pages/ID-Cards-and-DEERS>

ESGR

National Committee for Employer Support of the Guard and Reserve (NCESGR) at (800) 336-4590 or visit them at

www.esgr.org.

Military OneSource

Military OneSource is here to help you with just about any need, by phone or online. The service is completely private and confidential, with few exceptions. This includes non-medical counseling (face to face, telephonic or online sessions) as well as personal financial counseling (telephonic or online sessions). Please visit www.militaryonesource.mil or call (800) 342-9647 for a list of all services provided.

Soldiers & Airmen's Assistance Fund

A 501 (C) (3) non-profit organization established for NCNG Service Members that provides grants for family emergencies when no other resources are available.

Dennis Roach, Director (919) 851-3390 / (800) 821-6159 Ext. 3

Fax: (919) 859-4990; ncngsaaf@bellsouth.net

Legal Assistance Program

Confidential advice and assistance. (984) 664-6220

Tricare

www.tricare.osd.mil, (877) 874-2273

Vet Centers (VA)

Vet Centers provide a broad range of counseling, outreach and referral services for combat Veterans and their families.

www.vetcenter.va.gov

Charlotte Vet Center, (704) 549-8025

Fayetteville Vet Center, (910) 488-6252

Greensboro Vet Center, (336) 323-2660

Greenville Vet Center, (252) 355-7920

Jacksonville Vet Center, (910) 577-1100

Raleigh Vet Center, (919) 361-6419

North Carolina National Guard Family Programs

Quick Reference Guide



“Guarding Families on the Homefront”

Visit Us Online

<http://nc.ng.mil/services/familyprograms>



NCNGFP



@ncngfamilyprograms



@ncngfamily

State Family Program Contacts

Diane Coffill, State Family Program Director
(984) 664-6324 diane.l.coffill.civ@mail.mil

MSG Ramona Robertson, State Family Program Specialist
(984) 664-7005 ramona.k.robertson.mil@mail.mil

SSG Tammy Fowler, State Family Program Assistant
(984) 664-6876 tammy.l.fowler.mil@mail.mil

Lana Greer, State Family Assistance Center Coordinator
(984) 661-1667 lane.m.greer.ctr@mail.mil

Terry Henderson, Airman & Family Readiness Program Manager
(704)-398-4949/ terry.r.henderson3.civ@mail.mil

Family Assistance Centers

Charlotte Unit Family Contact Center
4240 West Blvd., 28208
Carry Bandy, carry.s.bandy.ctr@mail.mil, (984) 661-4573
Anthony Moore, anthony.r.moore8.ctr@mail.mil, (984) 661-4547

East Flat Rock Unit Family Contact Center
2025 Spartanburg Hwy, 28726
Rebekah Torres, rebekah.s.torres.ctr@mail.mil, (984) 661-0565

Greensboro State Family Assistance Center
110 Franklin Blvd., 27401
Lynn Stenson, deborah.t.stenson2.ctr@mail.mil, (984) 661-5649

Greenville State Family Assistance Center
1401 N. Memorial Dr., 27834
David Kovach, david.p.kovach2.ctr@mail.mil, (984) 661-1150

JFHQ Unit Family Contact Center
1636 Gold Star Dr., Raleigh, 27607
Wendi Bell, wendi.h.bell.ctr@mail.mil, (984) 664-6078
Lisa Faison, lisa.m.faison.ctr@mail.mil, (984) 664-7100

Lenoir State Family Assistance Center
1535 Beecher Anderson Rd., 28645
Frances Johnson, frances.r.johnson28.ctr@mail.mil, (984) 661-1242

Morrisville Unit Family Contact Center
2050 National Guard Dr. Morrisville, NC 27560
Mark Woolbright, mark.l.woolbright.ctr@mail.mil, (984) 661-6377

Smithfield Unit Family Contact Center
406 Hospital Rd., 27577
Abby Millsap, abigail.e.millsap.ctr@mail.mil, (984) 661-2784

Southern Pines Unit Family Contact Center
510 W. Morganton Rd., 28387
Earlene Buchan, edna.e.buchan.ctr@mail.mil, (984) 661-2863

Wilmington Unit Family Contact Center
2221 Carolina Beach Rd., 28401
Jim Marley, james.e.marley.ctr@mail.mil, (984) 661-6918

Winston-Salem Unit Family Contact Center
2000 Silas Creek Pkwy., 27103
Sandy Harrison, sandra.b.harrison2.ctr@mail.mil, (984) 661-7131

Family Readiness Support Services

Norman Dean, 60th Troop Command
(984) 664-6537, norman.g.dean2.ctr@mail.mil

George Lane, 449th Theater Aviation Brigade
(984) 661-6313, george.w.lane2.ctr@mail.mil

Nikkie Newsome, 130th Maneuver Enhancement Brigade
(984) 661-4548, genesia.k.newsome.ctr@mail.mil

Jacqueline Connell, 30th Armor Brigade Combat Team/139th Regiment
(984) 661-4735,

Gerald Murray, 30th Armor Brigade Combat Team
(984) 661-5423, gerald.t.murray.ctr@mail.mil

Vacant, 113th Sustainment Brigade
(984) 661-5651,

Gloria Fields, FRSS Trainer
(984) 661-5620, gloria.d.fields.ctr@mail.mil

State Child & Youth Program

Alice Dean, Lead Child & Youth Program Coordinator
(984) 664-6676, alice.c.dean.ctr@mail.mil

Kristi Wagner, Child & Youth Program Coordinator
(984) 661-4761, kristi.l.wagner4.ctr@mail.mil

Courtney Coyle, Child & Youth Program Assistant
(984) 664-6082, courtney.a.coyle.ctr@mail.mil

Family Programs Outreach Coordinator

David Nobles, (984) 664-6721, david.m.nobles.ctr@mail.mil

Yellow Ribbon Program

MAJ Sarah Miller, (984) 664-6717, sarah.n.miller20.mil@mail.mil
SFC Adam Garrity, (984) 664-6697, adam.l.garrity.mil@mail.mil

Education and Employment Services

(800) 621-4136 Option 3 / (984) 664-6463

Register for services at www.NCNGEEC.com.

Sexual Assault Prevention Program

SFC Kristian Hall, (984) 664-6909, kristian.s.hall.mil@mail.mil

Resilience, Risk Reduction & Suicide Prevention

MSG Robert Tabares, (984) 664-6124, robert.a.tabares.mil@mail.mil
Enrique McClymontbaltan, (984) 664-6376,
enrique.n.mcclymontbaltan.mil@mail.mil

Casualty Operations/Survivor Outreach Services

SFC Robert Shook, (984) 664-6566, robert.t.shook.mil@mail.mil
Paul Gradus, (984) 664-6724, paul.a.gradus.ctr@mail.mil
Malcolm Calhoun, (984) 661-7108, malcolm.w.calhoun.ctr@mail.mil