Hit Me With Your Flu Shot!

As we gear up for winter, snow and the inevitable cold temperatures the upcoming season brings, we also gear up for another season; the flu season.

Beginning November 1st, HSN’s Employee Influenza Management Policy comes into full effect. That means, you will have to make a choice: get your flu shot or wear a mask in patient care areas.

The policy outlines that all staff, physicians, medical learners, volunteers and contractors are required to take precautions when in any patient care area.

Those in patient care areas must either have received this year’s flu vaccine, or wear an isolation/procedure mask when in such areas or while providing patient care services during the flu season, which runs November through until April.

These measures are in place to protect yourself, your patients and your families. Staff are encouraged to participate in ANY one of the options being made available to obtain this year’s influenza shot.

This year there are many ways in which staff and volunteers can get their flu shot.

- The OHSS staff flu clinics
- HSN’s nurse volunteers, in the comfort of your own department.
- The Sudbury and District Health Unit by appointment or at a public clinic.
- Your health care provider
- Local pharmacies

The Sudbury and District Health Unit is also sponsoring public clinics at HSN October 25th, November 7th and November 21, 2013. These are Public Clinics which all HSN staff can attend, HSN staff can bring their family and members of the public (family/caregivers) visiting ill patients can attend.

Visit the intranet more information and to view the flu clinic calendar!

"Over 90% of deaths related to influenza occur in people older than 65 years of age. The best way to prevent influenza is to get vaccinated every year. Healthcare workers play a significant role in preventing influenza in hospitalized patients by getting vaccinated."

- Dr. Francisco Diaz-Mitoma
  Vice President, Research, HSN and CEO & Chief Scientist, AMRIC

Thank you

Acute Inpatient Psychiatry
Cardiac Inpatient
Cardiac Medical Unit
Finance/Payroll
General Internal Medicine
and Neurodiagnostics
HAVEN Program
ICU/SDU
Intensive Rehab Unit
IT
Materials Management
Mental Health and
Addictions
Mental Health Primary
Care Clinic
Nephrology
Northeast Cancer Centre
Oncology and Medical Unit
OR
Orthopedic and
Neurosurgery Unit
Pediatric Centre of
Excellence
Pharmacy
Surgical Services
Volunteer Services
Withdrawal Management
Services

Also...

Sudbury and District
Health Unit
North Bay Regional
Health Centre

For their help with the influenza campaign this year, to date
This year, National Infection Control Week was October 20 – 26. As well, the entire month of October highlights a hand hygiene blitz. Did you know at HSN we have 17 hand hygiene auditors from all areas of the organization that observe and record hand hygiene compliance? This hard-working group collect the data for hand hygiene observations, promote good hand hygiene practices, and assist HSN in increasing the hand hygiene compliance rates which are posted on the Ministry of Health and Long-Term Care and HSN websites as well as our Patient Safety and Quality Improvement Plan.

The third week in October is designated as National Infection Control Week in Canada and the U.S. In Canada, Infection Control Week originated in 1988 to highlight infection control efforts in Canadian hospitals, long-term care facilities and in the community. It was an opportunity for infection control professionals to educate staff and the community about the importance of infection prevention and to promote the important work that was being done by infection control professionals in a visible and fun way. In 1989 the federal government proclaimed Infection Control Week as an annual event.

Visit HSN’s YouTube Channel to watch our Hand Hygiene “How To” video!

Meet Your Hand Hygiene Auditors

Thank you for going above and beyond to ensure the safety and well-being of our staff and patients. Your hard work and dedication is very much appreciated.

These are among the research projects that are being launched by physicians affiliated with HSN and the Advanced Medical Research Institute of Canada. Thirteen research projects received approximately $667,000 in funding from the Northern Ontario Academic Medicine Association, through its Clinical Innovation Opportunities Fund and Academic Health Sciences Centre Alternate Funding Plan. All projects will be carried out over the next two years.

“This funding reflects the great commitment of our physicians to providing the best possible care to their patients,” says Dr. Francisco Diaz-Mitoma, HSN’s Vice-President of Research and AMRIC’s Scientific Director and CEO. “Medical research saves lives and this funding will have an impact on many families in northern Ontario. Congratulations again to all of our physicians who were successful in the grant competition.”

Other projects approved for funding include research into next generation DNA sequencing, the effectiveness of outpatient treatment for patients with chronic heart failure, seniors and influenza, developing guidelines for the replacement of inhalation equipment used by children with Cystic Fibrosis, the feasibility of a Northern Ontario Orthopaedic Cancer Program, a study of methods to deal with depression in seniors, and an assessment of the patient information management system in HSN’s Emergency Department.

“I want to congratulate each researcher for receiving this funding,” says Dr. Denis Roy, President and CEO of HSN. “As an academic health sciences centre we encourage our health care professionals to pursue research. It leads to better patient care, and it helps us attract even more health care expertise to our city. Research is key to our strategic direction and investments such as the one announced today helps us achieve success on our plans.”
HSN is proud to recognize Anne Callahan, Nurse Clinician for Intensive Rehabilitation, as she recently completed her Rehabilitation Nursing Certification with the Canadian Nurses Association (CNA)!

Anne is HSN’s very first staff member to receive this certification in her field of rehabilitation nursing. By completing her certification, Anne aligns herself with our foundational driver of advanced research and education. The certification further recognizes Anne’s experience and knowledge in her specialty. She is now part of a network of over 16,000 specialized nurses across Canada who meet a national standard of excellence.

The CNA has 20 health care specialties in which RN’s can become certified in, pending they meet the specific nursing practice criteria, continuous learning and exam-based testing requirements. The CNA certification is voluntary and nurses receive recognized credentials for their certification.

Please join us in congratulating Anne on this fantastic achievement!

What would you do if you were on vacation in Iceland? Maybe you would relax in the hot springs, take photos of the mountains, or enjoy a leisurely hike.

For Amber Konikow (RN with Diabetes Care Service at HSN) and her husband, their idea of a holiday was a 250 km Fire and Ice Ultramarathon race - Iceland’s toughest foot race.

For seven days, they carried their sleeping bags, clothes, food and water across glaciers, lava fields, sand dunes, mountains and volcanoes. Amber says “the weather would change quickly; one moment the sun would be out, the next was pouring rain”.

Through icy cold temperatures, blowing sand and relentless rain, they fought fatigue, hunger and pain. In just under 35 hours, they reached the finish line and can now cherish the amazing memories they have brought home with them.

But she’s not done yet! Amber says “I’ve just signed up for another stage race in September 2014 called Grand to Grand Ultra - a 273 km race at the Grand Canyon”. Good luck to you on your next adventure!
Join Your Colleagues Online!

Since April, HSN has undergone a social media transformation and it’s all thanks to you! We’ve seen more and more positive support for our organization online and we are encouraged by this. Thanks to the help of our staff, physicians, volunteers and medical learners, HSN’s social media channels have now blossomed into bustling hubs of dialogue, sharing and education. Facebook, Twitter and YouTube have all seen tremendous growth over the past several months and people are excited to learn about what’s new at their hospital.

Here is one of our Facebook posts from September 30th that was very popular. The Northeast Cancer Centre introduced a revolutionary new therapy to treat lung cancer called SABR. The local media came out to cover the story and we received excellent coverage on television, in newspapers, on radio and via online news sites. We posted a photo and a short description of this technology on our Facebook page and within a few short hours, reached over 1,300 people with our story. With a total of 46 likes, 16 shares, 12 comments, and 100 clicks, we immediately saw that our staff and our community were very interested in this new technology and wanted to learn more.

When you like, share, comment, retweet and click on our posts, you are helping spread the word about the great work that happens at HSN every day!

Nothing Says Prevention Like a Pink Pumper...

The Greater Sudbury Fire Services proudly launched the 2nd Annual Partners in Prevention campaign, which aims to create awareness, inspire people to take a proactive approach and to take the necessary steps for early detection against breast cancer. The campaign is in support of Breast Cancer Awareness Month and for the second year, will see a pink in-service fire truck operating out of Van Horne Fire Hall for the month of October.

During Fire Prevention Week, from October 7 to 12, 2013, the Greater Sudbury Fire Services will be at the New Sudbury Centre, hosting information displays in conjunction with the Ontario Breast Screening Program. Visitors can learn about fire prevention along with the importance of early detection of breast cancer.

Natalie Aubin, Administrative Director of the North East Cancer Center says “Despite the many challenges faced in the North, including geographical and informational barriers, the North East continues to have among the best OBSP participation rates in the province. But, until every eligible woman attends breast screening, there is still much work to be done.” We applaud Chief Danny Stack and his team in their efforts to ensure every eligible woman gets the message that early detection through screening saves lives.” The Ontario Breast Screening Program (OBSP) provides high-quality breast cancer screening for women 50 and over. Breast cancer screening is free-of-charge for women in Ontario. To book your appointment, please call 1-800-661-8897.
10 Step Guide

Protect the Privacy of Patients and Staff

1. Only collect information that is necessary. Make sure individuals know what personal health information (PHI) / personal information (PI) you are collecting and why. Consider whether each piece of information is necessary for any of the functions or activities of HSN and whether the information is required in the circumstances.

2. Do not collect PHI or PI about an individual just because you think you may need the PHI/PI later. You should only collect information that is necessary at the time of collection, not information that may become necessary or useful at a later date. If the need arises later, collect the information then.

3. Inform patients and staff what you are going to do with the PHI or PI you collect about them. You should let individuals know why you need to collect the information, how you plan to use it and if you intend to disclose it. You should provide details about how they can contact you and how they can gain access to their PI/PHI.

4. Consider whether you should be using PHI or PI for a particular purpose. Unless you have consent from the individual concerned or authorization under law, you should only use PHI or PI if it is related to the purpose you collected it for and within the reasonable expectations of the individual. If you would like to use information for a secondary purpose you must inform the affected individuals and request their consent.

5. Consider whether you need to disclose PHI or PI. If you can achieve your purpose without disclosing PHI or PI then do not disclose it. It is best practice to seek consent from the individual concerned if you wish to disclose their PHI or PI for a reason beyond the reason for which you collected it. The Personal Health Information Protection Act (PHIPA) and the Freedom of Information and Protection of Privacy Act (FIPPA) allow disclosures in some circumstances.

6. If people ask, give them access to the PHI or PI you hold about them. Organizations have a general duty under PHIPA and FIPPA to provide individuals with access to their PHI or PI. HSN has policies and procedures it follows to grant such requests. If you wish to deny an individual access to PHI or PI you should provide reasons, consistent with the appropriate Act. Be mindful of obligations under the Acts which provide some grounds for denying access.

7. Keep PHI and PI secure. It is important that PHI and PI be kept safe and secure from unauthorized access, modification or disclosure and also against misuse and loss. The steps you should take should be proportionate to the sensitivity of the information you hold. Methods might include using strong passwords, keeping hard copy files in properly secured cabinets, implementing a "clean desk" policy, training staff in privacy procedures and allowing access to PHI and PI to staff on a 'need to know' basis only.

8. Don’t keep information you no longer need or are no longer required to retain. Understand retention periods that apply to the information you hold. When PHI or PI is no longer needed and there is no regulatory, statutory or other requirement that compels you to keep it, it should be destroyed. For paper it is suitable to cross-shred PHI or PI or put it in a locked, confidential container to be shredded at a later time. For electronic records, securely delete from computer systems to ensure they cannot be retrieved.

9. Keep PHI or PI accurate and up to date. PHI and PI can change. This is why you need to take reasonable steps to keep PHI and PI current. When PHI or PI of an individual changes, amend your records to reflect those changes and make sure both hard copy and electronic files are updated.

10. Get to know your privacy contacts! The Chief Privacy Officer (CPO) is the designated person who is aware of HSN’s responsibilities under PHIPA. The CPO will handle complaints and enquiries about the PHI handling practices of HSN. Similarly, the FOI & Privacy Coordinator is knowledgeable and informed of FIPPA and will handle complaints and enquiries involving PI. Both are available to train and lead education sessions on request.
Medical Radiation Sciences (MRS) Week takes place November 3 – 9. This Week recognizes the work of Medical Radiation Technologists (MRTs), including Radiation Therapists, Nuclear Medicines and Radiological Technologists, in addition to Diagnostic Medical Sonographers across Ontario.

It is also a time to identify the importance of their work to patients. These nationally certified professionals are committed to providing empathetic “high-touch” care to patients, while delivering critical “high-tech” services in collaboration with physicians and other health care professionals.

“Radiation Therapy is a technology driven profession centred on patient care,” says Renee Roy, Radiation Technologist at the NECC.

In the coming weeks you may start to see individuals throughout the hospital wearing a purple wrist band as part of the Ontario Renal Network’s, “Save My Veins” campaign.

The goal of the campaign is to raise awareness about the importance of arm vein preservation in people with renal failure who may need a fistula or graft creation to facilitate hemodialysis treatment.

For health care providers the visual purple armband that patients must agree to wear (facilitated by the Nephrology Service) will act as a reminder to avoid arm vein access for blood work or IV placement.

HSN would like to thank all of our Medical Radiation Technologists and Diagnostic Medical Sonographers for their dedication and the important role they play in providing excellent patient care!

“Being an MRT is about supplying high quality patient care and making a positive change in patients’ lives,” adds Janet Brown, Radiation Technologist at the NECC.

On November 6, HSN will be hosting an open house for all staff to drop in and learn about these MRS professions. There will be displays for public viewing in the cafeteria and at the Cancer Centre’s front entrance throughout the week.

The open house is being held on Wednesday, November 6 between 9:30 a.m. – 3:30 p.m. in Main Conference Room B.

HSN has over 150 MRS workers who work in the Radiation Treatment, Medical Imaging, Nuclear Medicine, and Cardiodiagnostics departments.

The Ministry of Health and Long-Term Care (MOHLTC) has featured HSN on its website for our work in documenting the care we deliver to our patients.

It is now more important than ever to document the services provided to patients as the MOHLTC has changed the model of how hospitals are funded.

Funding is based on how many patients are looked after, the needs of the people served, the services delivered, and the quality of those services. In order to determine the budgets of hospitals, the ministry needs institutions to carefully track the patients they see and document what happens to them while they are receiving care at the hospital.

HSN is leading by example by actively taking steps to document and link the work done by a range of professionals delivering care to the impact on patients.

This information provides HSN the ability to recognize the difference our staffs’ actions make in the lives of our patients. Whether this means reduced hospital visits, shorter length of stay times or quicker access to resources for patients, our frontline staff are seeing the benefits of actively recording accurate data.

Visit www.health.gov.on.ca to read the full article. Search Data Quality Voice of the North.
October is Occupational Therapy Month

Meet Shannon

Occupational Therapy is an exciting profession and Shannon’s career path at HSN is a wonderful example of the variety of experiences you could have as an OT. She began in acute medicine/surgery, then worked at the hospital’s Hand and Upper Limb Clinic. She then moved to the Children’s Treatment Centre (CTC) where she has worked in the School Health Support Services program helping to improve children’s independence at school.

More recently, she continues her work in the CTC but has also become the Occupational Therapy Professional Practice Coordinator for the hospital and the northeastern Ontario representative for the College of Occupational Therapists of Ontario (COTO).

Shannon says “I have always been excited and passionate about the profession of Occupational Therapy, but perhaps never as much as in my current role. I have been fortunate to be able to spend time with the OTs which reminds me of how diverse our profession is and how committed we are to the care of our clients”.

Meet Melanie

Occupational Therapist by day... superstar athlete all of the time!

You may have seen Melanie on either our 7N surgical unit or our 5S medical unit. She plays an integral role in preparing clients for the transition from hospital to home by helping them regain independence in their day-to-day function and ensuring that they are safe to return home.

You may have also seen Melanie this summer at the Beaton Classic in Sudbury. She was the solo women’s champion through swimming, biking, canoeing and running to the finish line with a time of 2:37.

HSN has over 40 occupational therapists as well as 6 assistants working in a variety of inpatient and outpatient settings, including post-surgical recovery, acute care, mental health, rehabilitation and pediatrics.

OTs are regulated health professionals who help patients resume their regular routines and activities of daily life, or develop new life skills following an illness, injury, or disability.

Occupational Therapists also enable people of all ages to overcome barriers so they can participate in those activities which bring meaning and purpose to life.

An occupation is not just your job, it’s what you do. Whether in a primary school with children or at home with a senior, occupational therapists are working with our loved ones to help them help themselves.

For more information on what services occupational therapists provide, visit OTOntario.ca.
Boobalicious!

Congratulations to our very own Tammy Small of the Emergency Department who participated in this year’s Run for the Cure as the official Survivor Speaker. Tammy shared her experiences as a breast cancer survivor with a crowd of over 1100 people on October 6.

She was supported by her team “Boobalicious”, many of whom are fellow HSN employees and her Emergency Department colleagues.

Honouring Canadian Patient Safety Week

For the week of October 28 - November 1, HSN will celebrate Canadian Patient Safety Week. This is a time to highlight and celebrate what we do at HSN to help keep our patients safe.

Canadian Patient Safety Week is an initiative by the Canadian Patient Safety Institute (CPSI). The CPSI was established in 2003 and is funded by Health Canada. In aiming to close the gap between the health care we have and the health care we deserve, the CPSI works collaboratively with health professionals, organizations, regulatory bodies and governments to build and advance a safer health care system in Canada.

The CPSI promotes leading practices and raises awareness about patient safety by working in collaboration with partners, patients, their families and the general public.

Medication Safety Statistics

• In Canada, more than 50 per cent of patients experience discrepancies in their medications. 20 per cent of patients discharged from acute care facilities experience an adverse drug event—66 per cent are drug related.
• One in nine adults visit the ED as a result of drug-related adverse events. One in three will be admitted.
• Each year, drug non-compliance is the cause of:
  • 10% of all hospital admissions
  • 25% of hospital admissions for the elderly
  • 23% of all nursing home admissions
• In a Canadian study, Foster et al. found that 23 per cent of hospitalized patients discharged from an internal medicine service experience an adverse event; of the 23 per cent, 72 per cent were adverse drug events.

What HSN is doing

• On October 29, The Specialty Café will offer coffee and treats between 8 a.m. – 12 p.m. in Conference room A&B
• On October 31, a coffee and cake celebration will take place to observe HSN’s hand hygiene efforts between 9 a.m. – 10:30 a.m. in the Laurentian Boardroom (third floor, Centre tower)
• On November 1, there will be two laparoscopic box trainers from HSN’s Simulation Lab, along with a MegaCode Kelly with SimPad – a portable adult mannequin simulator used for training in advanced life support skills—present for demonstration between 9 – 11 a.m. in Conference room A&B
• Webinars will be presented between 12 – 4 p.m. daily throughout the week
• Check out the intranet for more information.

Patient Safety Statistics

• Between 9,000 and 24,000 people die each year as a result of preventable adverse events or harm in Canadian hospitals.
• There are more deaths each year due to patient safety incidents than breast cancer, motor vehicle accidents and HIV combined.
Health Sciences North Foundation (HSNF) is excited about their newly-launched STAR Program! STAR, standing for Special Thanks And Recognition, is a great way to honour the hard-working staff at HSN! The program allows patients and their family members to purchase a STAR pin for a minimum donation of $50 to HSNF in honour of a doctor, nurse, volunteer or staff member. This donation will recognize the person whose stellar performance made a significant difference in a patient, family member or visitor’s experience.

Staff members can also purchase pins to honour colleagues, while ensuring their money goes to support a particular department. You can give as a Birthday gift or simply to say “job well done” to your co-worker. You are also encouraged to learn more about the program and be sure to let patients know how they can support your department….by purchasing a STAR!

The special honouree is presented with a commemorative STAR pin that he or she can wear proudly, along with a thank you card that includes the donor’s personalized message. HSNF will contact the recipient’s department manager to arrange for an appropriate time to present the honouree with their card and pin. HSNF will also be tracking the STAR recipients on our website as well as our Facebook page.

By contributing to HSNF, you help ensure and encourage a continuously high level of health care excellence in our community. By expressing gratitude through the STAR program, we can all create a cycle of generosity that ensures the outstanding care we are giving to today’s patients, continues for future patients.

For more information on how you can support HSNF and the STAR Program, please contact us at 705-523-7130 or visit us online at hsnfoundation.ca or HSNF’s Facebook page at www.facebook.com/hsnfoundation.

First Annual Mental Health & Addictions Conference a Success!

During National Mental Illness Awareness week, October 7 – 11, HSN’s Mental Health & Addictions Program hosted a very successful two-day Mental Health & Addictions Treatment Update conference that showcased the Best Practices being delivered locally at HSN.

Over 330 health care professionals from across Ontario, as well as local community members participated in the two-day NOSM-accredited event. Unfortunately it was a sold-out event which prevented over 100 wait-listed individuals from attending.

Evidenced-based best practices, interdisciplinary collaboration and patient & family-centred care were themes woven throughout the two-day event and the “patient or family story” was offered with each keynote session (4) and each breakout session (8).

These patient and family stories provided a glimpse into the realities that clients and families face in our community, and these stories were supported by HSN clinicians (psychiatrists, GP’s, social workers, psychologists, nurses and behaviour therapists) who supplemented the presentations by providing information about locally-available treatment information and hope about recovery.

Throughout the two days, there were a few heartfelt standing ovations about the courage it takes to live with a mental illness in our community, the resilience it takes to support a loved-one with a mental illness and the professional pride and personal rewards there are to working in this field.

Kudos to the Mental Health & Addictions Program for pulling off a very successful 1st and soon-to-be 2nd annual event!

Special mention to: Pam Haight, Education Coordinator Linda Maurice, Administrative Assistant Dr. Albert Gouge, Clinical Specialist And Maureen McLelland, Administrative Director, Sudbury Mental Health & Addictions Centre.
HSN has been featured in the autumn edition of the Canadian Healthcare Managers magazine. The Canadian Healthcare Managers magazine is a publication for Canadian healthcare professionals which concentrates primarily on issues of interest and importance for executives and managers in healthcare sectors.

The featured article discussed how HSN’s new vision and strategic plan have created a new image for our healthcare institution. It looks at the transition from the Hôpital Régional de Sudbury Regional Hospital (HRSRH) to where we are today.

An interview with Joe Pilon, HSN’s Chief Operating Officer and Senior Vice President tells the story of HSN’s new vision and how it came to be. He discusses the connection HSN has to the community and the goals the leadership team had set forth in 2010 when deciding to undertake a repositioning exercise that would fundamentally change the way the hospital engaged with the community.

In helping HSN on its path to become a global leader, Pilon discusses the numerous steps that were then set forth. The plan included an analysis looking at the hospitals strengths, weaknesses, opportunities and threats. The feedback received from the various community groups and community partners played an important role in receiving valuable input. With the input receivable, it had then become evident that the hospital’s name no longer was fitting its vision and therefore HRSRH became Health Science North.

After the extensive redefining process, the next step was to create a strategic plan. With the launch of the new Strategic plan in June, HSN now aims to be a leader in transitions, be focussed on innovation and become an evidence based institution.

The article spotlights HSN in a very positive manner and concludes by highlighting that healthcare is patient-driven and that HSN is one of the providers leading the way.
Dinner, Dance & Silent Auction

The seventh annual Lung Disease Support Group (LDSG) Dinner, Dance & Silent Auction will take place Saturday, November 2 at the Royal Canadian Legion Branch #76. Doors open at 4:00 p.m and dinner begins at 5:30 p.m. Tickets are $25.00 each with all proceeds raised staying in Sudbury to support the LDSG.

Tickets can be purchased by contacting Gerry Cunningham at (705) 524-9864 or gerry@ldsg.ca or by visiting the LDSG at 1720 Paris Street Suite #202. The LDSG is a not-for profit organization committed to improving the quality of life for people affected by lung disease.

GNAO in Sudbury

At HSN, under the direction, vision and implementation of evidence-based geriatric services by Dr. D. Roy, CEO, there is active engagement with nurses, physicians, allied health professionals, front-line workers and clients to showcase different programs and services to our seniors in Sudbury.

Dr. Roy is very supportive of the creation of a Sudbury Chapter for the Gerontological Nursing Association Ontario (GNAO).

The mission of the GNAO is to make a positive difference in the lives of older people and the nurses who care for them. This type of engagement is a key part of HSN’s mandate to promote health in our community for older adults.

New HSN Web Series Explores Health Care Myths

Are more babies born on full moons?
Do vaccinations make you sick?
Will chewing gum get stuck in my intestines if I swallow it?

All these questions and more are being explored in HSN’s new web-based series MythFracture.

MythFracture takes viewers on a journey to confirm or debunk common myths about health care. In the first episode, our hosts Nik and Sarah look at Emergency Department wait times.

Sarah and Nik speak with Dr. Rob Lepage, HSN’s Medical Director of the Emergency Department, to find out what is really meant by the term “wait time” and what wait times don’t mean!

“We are very excited to launch MythFracture and are thrilled to be a part of the series,” says host Sarah.

“As employees, we often hear myths about the hospital or our professions that sometimes make us laugh or question if it is true or not. We are excited to talk to the experts at HSN and explore the questions we want to know the answers to.” The first episode of MythFracture has premiered on HSN’s YouTube channel.

Ideas and topics relating to future episodes are welcomed to be submitted to communications@hsnsudbury.ca.

Editor: Sarah Grenier
Dialogue is published for HSN employees.

We’d Like to Hear From You!
Dialogue is your publication. We welcome your comments, suggestions, and story ideas for future issues. Please forward your submissions to dialoguesubmissions@hsnsudbury.ca, or via inter-office mail to Sarah Grenier, Communications (ext. 3450, Ramsey Lake Health Centre).