

SUDDEN CARDIAC ARREST ASSOCIATION

BAKERSFIELD - KERN COUNTY CHAPTER

July 2013



Bonfires and Illuminations

On July 8, 1776, the first public readings of the Declaration were held in Philadelphia's Independence Square to the ringing of bells and band music. One year later, on July 4, 1777, Philadelphia marked Independence Day by adjourning Congress and celebrating with bonfires, bells and fireworks. Read More



Happy Fourth of July!

Capps Introduces Legislation to Teach Students to Save Lives

Three cheers to Congresswoman Lois Capps of California's 24th District



Congresswoman

Proper CPR and AED Use Could Save 100,000 Lives Annually

Lois Capps

Congresswoman Lois Capps (CA-24) announced she has introduced the Teaching Children to Save Lives Act (H.R. 2308), legislation that would provide critical resources to assist schools with teaching students across the country the life-saving skills of cardiopulmonary resuscitation (CPR) and how to use automated external defibrillators (AED).

Sudden cardiac arrest (SCA) is the leading cause of death in the United States but studies show that victims of SCA have a 34 percent higher chance of survival if they are immediately treated with CPR and the use of an AED. Unfortunately, few people have the knowledge or confidence to perform these basic life-saving skills in the face of SCA. Training a generation of students with these skills could save lives long into the future. Read More

Sudden Cardiac Arrest (SCA) Awareness

Think Sudden Cardiac Arrest is a Heart Attack?



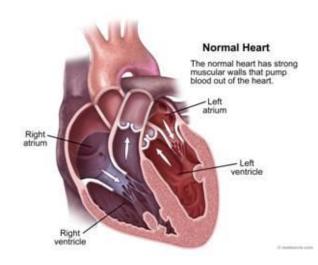
That's like comparing apples and oranges.

More than 350,000 deaths occur each year as a result of sudden cardiac arrest (SCA). In fact, SCA claims one life every two minutes, taking more lives each year than breast cancer, lung cancer, or AIDS.

To decrease the death toll from SCA, it is important to understand what SCA is, what warning signs are, and how to respond and prevent SCA.

More than 65 percent of Americans not only underestimate the seriousness of SCA, but also believe SCA is a type of heart attack. But that is like comparing apples and oranges. <u>Read More</u>

The Normal Heart



The heart is a fist-sized muscle that pumps blood through the body 24 hours a day, 365 days a year, without rest. The normal heart is made up of four parts: two atria on the top of the heart (right atrium

and left atrium), and two ventricles (right ventricle and left ventricle), the muscular chambers on the bottom that provide the major power to pump blood. These four chambers are connected by valves that allow blood to move forward and prevent it from flowing backwards. Coronary arteries, or blood vessels, deliver a constant, nourishing supply of blood to the heart muscle.

Read More



"Olivia's 3rd Annual Heartober Gala" has been cancelled

The SCAA, Bakersfield Chapter is undergoing some changes. Next year we will be operating under a new name, "Olivia's Heart Project".

We plan on continuing business as usual, our annual fundraisers, BBQ and Gala but now all under the new name. I am very happy and excited about our new venture. More news to come.







Get Involved With The Sudden Cardiac Arrest Association!

We are joining together in our local communities to form local SCAA affiliates. To make a shared vision a reality, SCAA members participate in a variety of activities to raise awareness of Sudden Cardiac Arrest and to help prevent unnecessary loss of life.

Join the SCAA, Bakersfield Chapter.

Sudden Cardiac Arrest affects thousands of children and young adults each year.

Working "Together", we can make a greater difference!!



Visit our website!