



SUDDEN CARDIAC ARREST ASSOCIATION
BAKERSFIELD - KERN COUNTY CHAPTER

June 2013



In the Good Old Summer Time

Summer is the stuff of dreams. When adults sit at their desks, and children sit in school, they dream of summer. Summer is the time of infinite fun. The day seems to last forever, and the fun never stops. It is a time of romance, excitement and an enhanced enjoyment of life.

Somehow summer never seems to last long enough.

It is always over before we get a chance to fully experience its power.

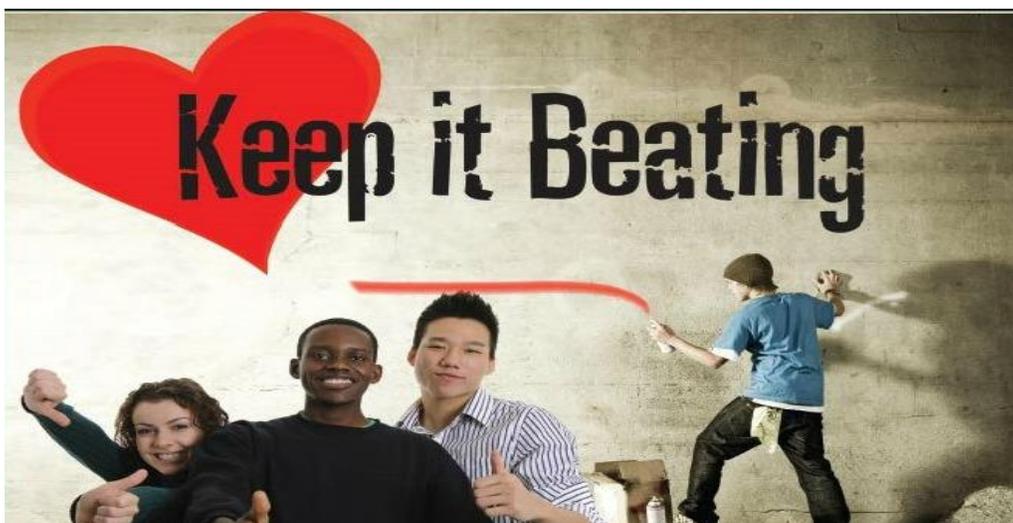
This is true of all things wonderful. They always seem too short.



Fun Facts About The Months Of Summer

Did you know that the biggest ice cream sundae ever assembled was 12 feet high and made with over 4,500 gallons of ice cream? [Read more...](#)

Know the facts about different heart diseases



A little knowledge can be a lifesaving thing. Too often, people use "sudden cardiac arrest" and "heart attack" interchangeably, but they shouldn't.

A heart attack is when blood flow to the heart is blocked, and sudden cardiac arrest is when the heart malfunctions and suddenly stops beating unexpectedly.

A heart attack is a "circulation" problem and sudden cardiac arrest is an "electrical" problem. [Read more...](#)



AED's Update

Site Assessments started Monday, June 3, 2013. I am so happy to report that our first "walk through", to determine where each AED will be placed, was at Liberty High. The work begins to make our high schools "Heart Safe".

I will keep everyone updated on our progress.

My daughter Olivia was a freshman at Liberty High when she suffered sudden cardiac arrest and died nearly nine years ago; so this was a very special day.



Olivia Corinne Hoff

Galatians 6:9 - And let us not grow weary of doing good, for in due season we will reap, if we do not give up.

Upcoming Events

Save The Date!



"Olivia's 3rd Annual Heartober Gala"

October 11, 2013
Seven Oaks Country Club



More information and details to follow!

Get Involved With The Sudden Cardiac Arrest
Association!

We are joining together in our local communities to form local SCAA affiliates. To make a shared vision a reality, SCAA members participate in a variety of activities to raise awareness of Sudden Cardiac Arrest and to help prevent unnecessary loss of life.

Join the SCAA, Bakersfield Chapter.

Sudden Cardiac Arrest affects thousands of children and young adults each year.

Working "Together", we can make a greater difference!!



[Visit our website!](#)