

Impressive Workshop Lineup: Coming to you virtually on October 8-10, 2020

Dr. Loretta Whitson, Executive Director

Each week, leading up to the CASC Virtual Conference – *Revolution: Equity, Disparities and Student Mental Health* (October 8-10) I will be highlighting several workshops that sparked my interest. In the preparation phase of the conference, I read all the submissions. As I was reading this weekend, I kept making notes on the ones I wanted to make sure I attended...my list was long! I was so impressed by the overall quality and experience of the presenters and their collective range of knowledge and expertise. A little bit about the 50+ workshops: 1) Topics were narrowly focused to address on the prevailing issues due to Covid-19, i.e., mental health, anti-racism, equity; 2) Workshop speakers were selected and invited based on their known experience and expertise; 3) one quarter of the workshop presenters are nationally known speakers; 3) Workshop presentations will be recorded and available to view for nearly two months following conference; 4) Each presenter are extraordinary, generous in wanting to share what they know and engaging. Below are the first workshops I will be highlighting.

Help the Unseen Queen Black Females Who Face Unique Struggles in Education

K-12 Black girls don't disobey more or commit more serious violations, yet they often get harsher penalties for the same behavior and are six times more likely to get out-of-school suspension than their white counterparts. Black women are the most represented group in higher education, yet they still face unique struggles. When they are marginalized or harassed in learning environments, they feel invisible. Get resources. Help them realize their worth and place in educational environments.

Susan Toler Carr, Director of College & Career Counseling, Justin Carr Wants World Peace Foundation

Restorative Practices: Community Circles in Distance Learning

Whether virtual or in-person, Community Circles and Restorative Practices are effective strategies for cultivating a positive school and classroom climate and building greater connections, accountability, and empowerment amongst students and staff. Research shows, schools that implement Restorative Practices (community circles) have reported less disciplinary issues and stronger, positive relationships among students and staff. In this session, participants will learn effective facilitation skills and gain access to tools to implement Restorative Practices: Community Circles in a virtual world and for when we return to in-person learning.

Dr. Rebecca Pianta, Coordinator of Counseling and Student Support, Capistrano Unified School District

Resilience Above Trauma During Covid-19

Due to trauma and chronic stress being on the rise in education it is causing secondary traumatic stress, compassion fatigue, burnout, and moral injury. This training is an asset-based approach to trauma with a strong emphasis on resiliency. Due to Covid-19, trauma and chronic stress has drastically increased which is affecting student academics, classroom management, discipline, teacher attrition, teacher retention, and the mental health of the entire school community.

Da'Mond T Holt, PhD., Certified Traumatologist & Trauma Crisis Specialist, Metropolitan State University WEEAC

Signatures Practices from Three California School Counselors of the Year (2019, 2020, 2021)

This session provides a rare opportunity for participants to learn from the top school counselors in California. Each presenter will share lessons they have learned over the years and signature practices that they utilize in addressing trauma and anti-racist practices. They will share a number of strategies for creating a school environment that is open, caring and that celebrates diversity.

Alma Lopez, (SCOE 2021) School Counselor Coordinator, Livingston Middle School; **Sarah Slemmons, (SCOE, 2020)** School Counselor, Culver City Middle School; **Josh Godinez, (SCOE, 2019)** School Counselor, Centennial High School.