



Transplantoux celebrates its first decade in 2018. On the 15th of June 10 transplants and their companions, physicians and physiotherapists will leave for Mont Ventoux, France again.

Transplantoux was founded in 2008 and has since grown into a movement campaign that wants to motivate transplants to move healthy on a regular basis. Prof. dr. Diethard Monbaliu, abdominal transplant surgeon, said "The movement does not always have to be as ambitious as climbing the Mont Ventoux. Even small, regular efforts already do wonders for health. Moreover, it is also a nice tribute to the donor and his family. "

On 15 June, 10 transplanted patients and their supervisors leave the Gasthuisberg campus, University Hospitals Leuven Belgium to Mont Ventoux. A tour of more than 1000 km ( 622 miles) that they travel by bicycle, and which ends on 23 June on the Mont Ventoux. Finishing the tour together creates a huge mutual commitment. Each with its own story, together we write a chapter. This 'experience together' is one of the core characteristics of Transplantoux.

It is always an unforgettable experience for both participants and supervisors. Erwin Van der Elst said, "Last year I participated for the first time. I cannot describe in words what it feels like to reach the top of the mountain together with the organ of your donor. I am already looking forward to next week, it remains a sporting challenge that gives me so much satisfaction afterwards."

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