

Sign up before September 13 and SAVE!



NOW is the time to sign up for Let's Move, Kansas. For the best registration rate AND to get a team discount, register by September 13. Beginning, September 14, the registration rate goes up and a team discount is no longer available. So, let's MOVE!

REGISTRATION FEE

- Now - Sept. 13: \$30
- Sept. 14 - Sept. 27: \$35
- Sept. 28 - Oct. 9: \$40
- Oct. 10: \$45

The Kansas Academy of Family Physicians-Foundation's race/walk event: "Let's Move, Kansas" invites you to participate and if you are able – form a team! So far, we have 11 teams registered. The team with the most registrants will be recognized but it's mostly bragging rights! Save \$3 per registrant by simply forming a team of 5 or more.

What: 5K run/ 1.5 mile walk fundraiser

When: Saturday, October 10, 2015 – 8:30 a.m. 5K / 9:15 a.m. Walk

Where: Sedgwick County Park, Wichita, Kan.

Sign-up: <https://runsignup.com/Race/KS/Wichita/LetsMoveKansas> or by calling the KAFP office at 316-721-9005. To sign up a team, click the "Team" tab.

Follow us on Facebook: <https://www.facebook.com/letsmoveks>.

The "Let's Move, Kansas" 5K race and 1.5 mile walk is to promote an active, healthy lifestyle for all Kansans. It benefits the Kansas Academy of Family Physicians-Foundation, whose mission is to promote the philosophy of family medicine, research, and education of Kansas Family Physicians.

Participants receive an exclusive race t-shirt and goody bag. Division medals will be awarded, with all youth/children finishers receiving a medal. Cash prizes for male and female 5K top runners: 1st (\$125) 2nd (\$75) and 3rd (\$50) place. All fitness levels welcome! This event is designed for the whole family to enjoy, and will include a live DJ!

Thank you to our sponsors! The presenting sponsor is Wichita Nephrology Group, P.A. Platinum sponsors: Grene Vision Group and Via Christi Health. Gold sponsors: Premier Property Management, VaxCare and Wichita Surgical Specialists. Silver sponsors: BlueStem Medical, LLP – Drs. Doug & Shelly Gruenbacher; KaMMCO, Martin Pringle Law Firm; Health ICT, an affiliate of the Medical

Society of Sedgwick County; St. Francis Health and USI Midwest. Bronze sponsors: Kane Mitchell, Wichita Marriott Hotel and Worsham Accounting Services.