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# USPSTF, AAFP Finalize Recommendations on Smoking Cessation in Adults

*Physicians Should Offer Smokers Variety of Cessation Options*

By AAFP

The U.S. Preventive Services Task Force (USPSTF) released its [final recommendation statement \(www.uspreventiveservicestaskforce.org\)](http://www.uspreventiveservicestaskforce.org) on screening for and encouraging smoking cessation in adults, including pregnant women. In short, the task force recommends that physicians ask all adults about tobacco use, and advise and assist those who smoke to quit using appropriate cessation aids. For pregnant women, the USPSTF recommends behavioral interventions only because not enough evidence exists to assess the benefits and harms of pharmacotherapeutic interventions in these patients.

The AAFP's newly released [recommendation statement](#) mirrors the USPSTF's guidance.

For entire article, click here: [http://www.aafp.org/news/health-of-the-public/20150924finaltobaccorec.html?cmpid=em\\_41619621\\_L7](http://www.aafp.org/news/health-of-the-public/20150924finaltobaccorec.html?cmpid=em_41619621_L7)