

Be an example

If you have not already, go register for the Kansas Academy of Family Physicians-Foundation's race/walk event: "Let's Move, Kansas" at <https://runsignup.com/Register/?racelid=21799> Better yet, get together your own team! Be an example for your family, patients and friends!

"Let's Move Kansas" 5K run and 1.5 mile walk is October 10, 2015 at Sedgwick County Park, Wichita.



Each team member receives a \$3 discount off registration rate! Register before August 16 for best price!

And don't forget to follow us on the Let's Move Kansas Facebook page at: <https://www.facebook.com/letsmoveks> where you will find special updates. Log-on to find out what prize we will be giving away!