
Help your patients meet their nutritional needs

By AAFP

The AAFP has developed a toolkit with patient education materials designed to facilitate physician-patient dialog on the topic of nutrition consumption and maintaining a healthy diet.

This toolkit is free to AAFP members and features multiple nutrition tools including:

- Brochures on vitamin D, vitamin B-12, digestive health, and maintaining energy through proper nutrition
- Two separate tearpads, which include a nutrient shortfall questionnaire for the patient to complete and a list of foods that contain common nutrients typically missing from the American diet
- Laminated cards on how to read a vitamin label if determined that vitamins are required for a patient

Each nutrition toolkit contains more than 300 nutrition elements and is available in English & Spanish. Get your [Nutrition Toolkit](#) today!”