



## SCAPTA Awards for 2012

### Butch Buchanan Clinical Excellence Award for a Physical Therapist

#### **Stephanie McGowan PT, DScPT, MTC**

"She is a 2001 graduate from the University of South Florida with a Master of Science in Physical Therapy. In 2005 she returned to school to further her education and attended the University of Maryland and graduated in 2011 with a Doctor of Science in Physical Therapy attesting to her desire to be the best clinician she can be. Since graduation she has received her certification as a manual therapist, MTC."

"She is always seeking the most evidenced-based practice to ensure that she is always giving the highest level of care. She is actively translating research into the clinic. She has participated in two studies with faculty at MUSC; her willingness to participate in current research further demonstrates her clinical excellence. She is not just seeing patients at MUSC; she is trying to make positive changes in the treatment of orthopedic patients in others through translational research." I cannot imagine a more worthy recipient

for the Butch Buchanan Clinical Excellence Award for a Physical Therapist."

Stephanie has received the Employee of the Month at MUSC based on comments from a patient. Stephanie receives Applause Awards, and letters from her patients on a regular basis recognizing her outstanding clinical skills. As Stephanie's supervisor at MUSC, I am honored to present the Butch Buchanan Clinical Excellence Award to Stephanie McGowan."

**Chris Junkins Clinical Excellence Award for a Physical Therapist Assistant**

**Beverly "Ann" Spaar, PTA**

"I have had the opportunity to work with Ann Spaar for the past 5 years. For most of those years, we worked very closely together as team members in the clinic, sharing patients with each other..... I have always had the greatest confidence in delegating patient care to Ann, as she has developed excellent clinical and personal skills. She is confident in treatment progression, but is conscious of when it is necessary to consult with the primary Physical Therapist. She develops outstanding relationships with her patients and it is not uncommon for a patient to return more than ten years after seeing her and comment about how great she was then. ....As a clinician with more than thirty years of experience , she is not content with her current knowledge and is continually looking for ways to grow.....She is often one of the first to volunteer at company sponsored community events and has

taken the initiative to develop relationships with local senior Action groups to develop their balance and exercise programs. ....

....I believe she should be recognized for her contribution to the profession of physical therapy in the state of SC and is deserving of the Chris Junkins Clinical Excellence Award for Physical Therapists Assistants.

### **Emily Cate Award to honor members for noteworthy service to SCAPTA and APTA**

#### **Trudy Messer PT**

"Trudy has been integral in our efforts to develop the districts over the last several years. While she has co-chaired the Upstate District the attendance for these meetings has increased to >80. She has recruited local businesses to provide dinner for all attendees, promoted the education through quality CEU's and actively promoted membership in SCAPTA and APTA. This new outreach to both members and future members has improved communication between the SCAPTA leadership and PT's in the upstate. "

"While she has been active on the district level, she has also tirelessly served on the SCAPTA BOD. ....She currently serves as the liaison to the very important nominating committee. She has worked with this committee to develop important policies and procedures for the revised SCAPTA P and P manual and revisions to the SCAPTA by-laws. Additionally, she serves as one of the 3 members of the conference committee. ....She engaged Fleet Feet in Greenville for an amazing run and breakfast and a Yoga on the Beach for the 2013 conference. "

".....I stand in awe of the commitment and work ethic demonstrated by Trudy Messer. ....she inspires me to do more to establish a successful conference than I thought possible. When tasks need to be done, she quickly steps forward to take on the challenge and consistently produces exemplary results. ....She not only works hard at organizing efforts to produce a successful Annual Conference, she demonstrates the intangible ability to think outside the box and produce original solutions to complex problems that the committee often integrates successfully."

"It is for these reasons and many more that it is my pleasure and honor to nominate Trudy Messer for the 2012 SCAPTA Emily Cate Award."

**Outstanding Student of the Year Award:** to acknowledge a PT or PTA student for their noteworthy contributions to SCAPTA, their school, and the profession of Physical Therapy.

Laura Ann Keys SPT

"Laura has been a leader in our class since the first day classes began. Laura immediately rose to the occasion to be our class liaison for SCAPTA and for the past two years has been working closely with both MUSC faculty and SCAPTA members across the state. Laura attended PT Day at the State House last spring and led our class in meetings with several legislators. Laura also has served as a tutor for the first year class for the past three semesters and works hard to bring the first and second year classes closer together. ....as a member of student government, she has been involved in planning the AWE Basketball tournament that will take place this summer, as well as several fundraising and class activities. "

"Laura is unique in that although she is extremely driven and goal oriented, the primary reason for involving herself in all of these different activities is because she truly cares about the profession. She is passionate about becoming a physical therapist and this passion is what drives her to volunteer and participate in everything she does. "

"As a member of SCAPTA's legislative committee Laura participates in the legislative conference calls. She helped successfully organized a group of student advocates to participate in PT Legislative Day at the State House in Columbia. Most importantly, Laura is a role model to younger students and has helped increase student involvement in the legislative process and SCAPTA. She volunteers as a teaching assistant in the musculoskeletal labs and serves as a supplemental instructor for the musculoskeletal series as well as Human Anatomy." Laura has accomplished a lot in her short career at MUSC and will surely continue that trend in her final year as a student. "

"She volunteers regularly for the student-run pro bono CARES clinic and volunteered for three Special Olympics events. She is very much an advocate for physical therapy as a profession. Laura was also involved in this year's SCAPTA conference. She is heading a committee of students responsible for planning the welcoming reception. She has put a lot of time and effort into this event and is excited for everyone to enjoy it. Laura is able to handle all of these responsibilities and maintain a good grade point average at the same time. For all the reasons above, Laura Keys is the best candidate for the Outstanding Student of the Year Award."